

**COMPASSION  
IS THE MOST  
POWERFUL TOOL  
YOU CAN HAVE  
WHEN IT COMES TO  
HEALING  
ADDICTIONS.**

— Christopher Kennedy Lawford

CenterPointe

## YOUR COMPASSION MAKES A PIVOTAL DIFFERENCE

Because you care enough to give generously, homeless and low-income community members have access to treatment, rehabilitation, housing and crisis services that can help them get better, sooner, for longer.

Over the last fiscal year, your investments have provided more recovery services than ever before. With help from you, we've added new programs in Lincoln and expanded our service area to include Omaha and surrounding counties.

This expansion is guided by our holistic approach of open arms and open minds and by our steadfast belief that every person has the ability to recover.

### THANK YOU FOR BEING A VITAL PARTNER IN THIS WORK

Sincerely,



A handwritten signature in black ink that reads "Scott Williamson".

**Scott Williamson**  
Chair, Board of Directors



A handwritten signature in black ink that reads "Topher Hansen".

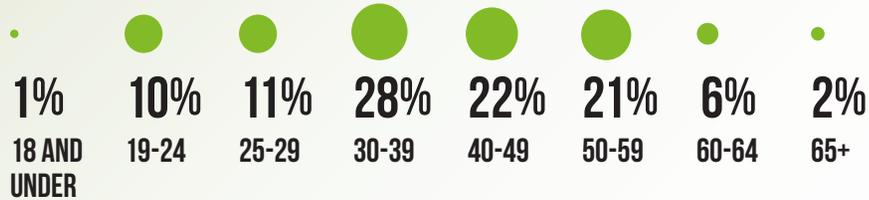
**Topher Hansen, JD**  
President/CEO

**“I ABSOLUTELY  
WOULD NOT  
HAVE THE LIFE I HAVE NOW  
WITHOUT  
CENTERPOINTE.**

**THANK YOU! THANK YOU! THANK YOU!”**

# AGENCYWIDE DEMOGRAPHICS

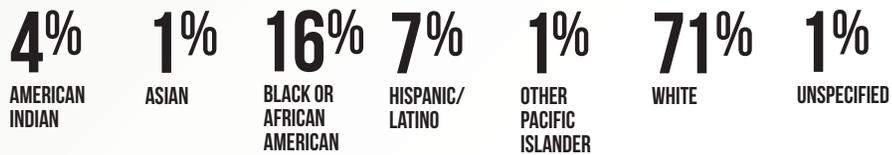
## AGE



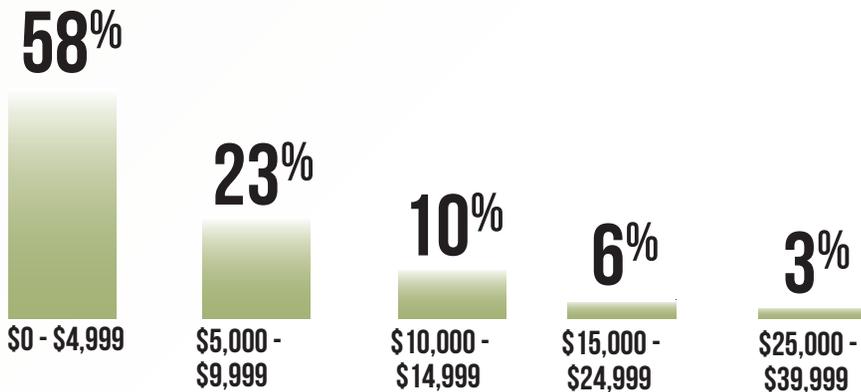
## GENDER



## RACE



## INCOME



Note: \$5,000-\$14,999 is average disability range

YOU HELPED  
**CENTERPOINTE**  
 SERVE  
**2,301**  
**PEOPLE**  
 LAST YEAR

(Unduplicated individuals across all programs excluding crisis response.)

# TREATMENT

Fueled by your generous support and grounded by the solid belief that every person has the ability to recover, you and CenterPointe make pivotal treatment available for people suffering from mental and substance use disorders.

Your investment ensures that homeless and low-income community members have access to holistic treatment services – treatment that addresses mental health and substance use disorders at the same time and on equal terms.

Thanks to you someone begins a journey to live their best life today.

**FOR EVERY \$1 INVESTED IN TREATMENT, THE COMMUNITY SAVES MORE THAN \$7**

## TREATMENT PROGRAMS

- Assertive Community Treatment Team
- Long-term Residential – Lincoln and Omaha
- Short-term Residential – Lincoln and Omaha
- Outpatient – Individual, Group and Family
- Psychiatric Care

## OUTCOMES

90 DAYS POST DISCHARGE FROM LINCOLN LONG-TERM RESIDENTIAL TREATMENT:

**83%**

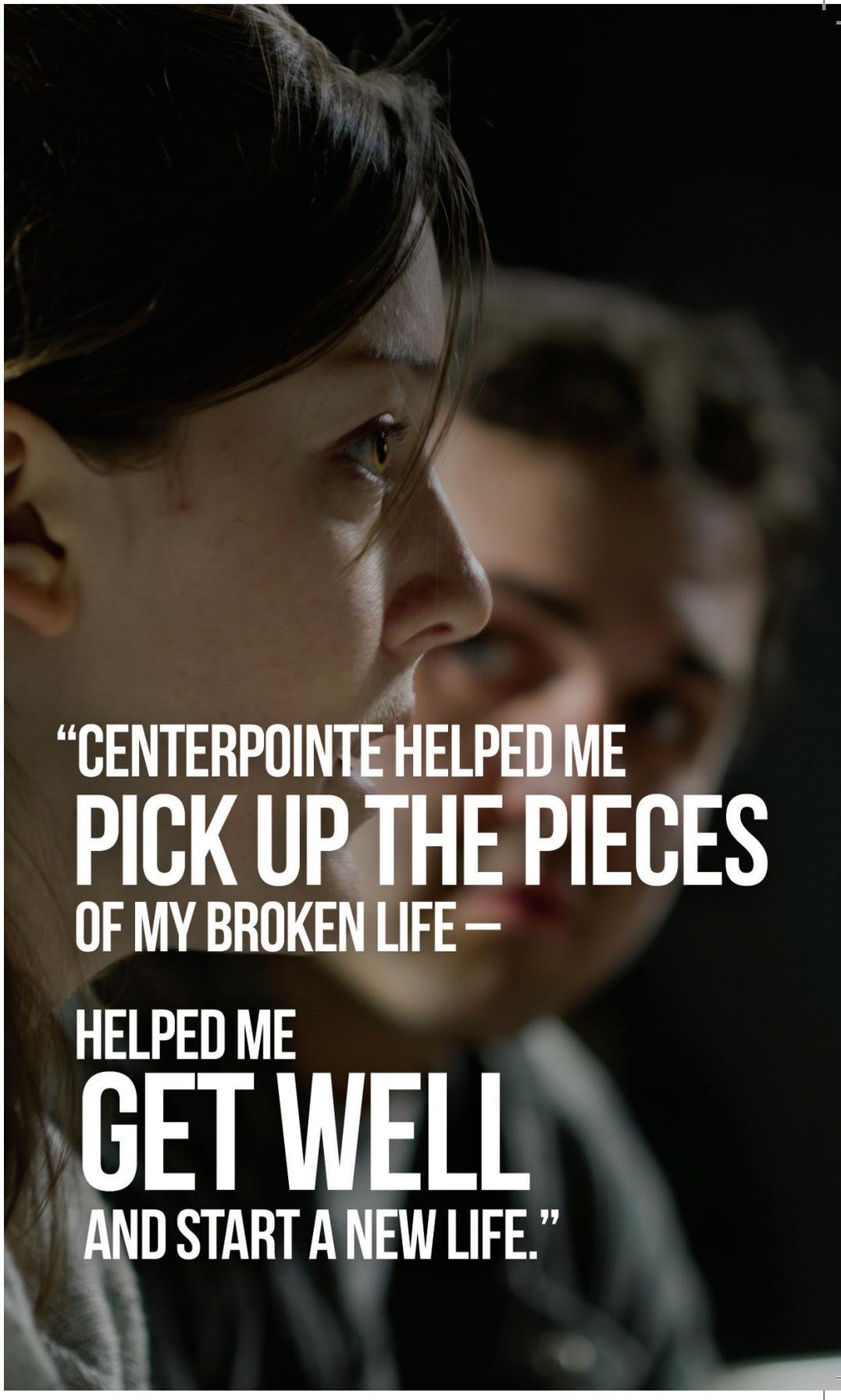
HAVE NOT USED  
SUBSTANCES IN THE  
PAST 7 DAYS

**79%**

HAVE A SOBER  
SUPPORT SYSTEM

**100%**

DO NOT HAVE ANY NEW  
LEGAL INVOLVEMENT



**“CENTERPOINTE HELPED ME  
PICK UP THE PIECES  
OF MY BROKEN LIFE —**

**HELPED ME  
GET WELL  
AND START A NEW LIFE.”**

# REHABILITATION

Powered by your generosity, you and CenterPointe meet people where they are and support them to gain control of their lives. Together we are tackling mental illness and addiction and connecting people with resources to meet their basic needs.

Your investment helps people gain independent living skills, navigate sober leisure time, learn to manage the symptoms of their illnesses, and overcome the barriers of serious poverty.

Thanks to you someone is overcoming numerous obstacles to a healthier life.

**55% OF THE PEOPLE WE SERVE HAVE AN ANNUAL INCOME OF \$1,000 OR LESS.**

## REHABILITATION PROGRAMS

- Community Support
- Community Transitions
- Residential Rehabilitation
- Harvest Program – For Elders
- MidPointe Day Rehabilitation Program
- Peer Support
- Recovery Support

## OUTCOMES

Community Support serves people who need one-to-one assistance with daily living. Care Managers help people set and reach recovery goals and access community resources.

**DURING ENGAGEMENT IN COMMUNITY SUPPORT, PARTICIPANTS REPORT:**

**71%**  
NO DRUG/ALCOHOL  
USE IN PAST 30 DAYS

**97.5%**  
HOUSED APPROPRIATELY

**89%**  
APPROPRIATELY ENGAGED  
WITH SERVICES



**“CENTERPOINTE HELPED  
ME FIND THE  
CREATIVE SOLUTIONS  
I NEEDED TO TACKLE  
MY ISSUES  
HEAD ON.”**

# HOUSING

Driven by your contributions and focused on dignity, you and CenterPointe provide housing as an essential building block to recovery.

Your investment ensures options other than the streets for people suffering with serious mental illness and addiction. You are supporting vital Street Outreach, housing for the chronically homeless, housing for veterans and so much more.

Thanks to you someone is starting fresh today.

**AN ESTIMATED 46% OF HOMELESS ADULTS LIVE WITH SEVERE MENTAL ILLNESS AND/OR SUBSTANCE USE DISORDERS.**

## HOUSING PROGRAMS

- **Adult Residential**  
(Transitional Housing & Intensive Treatment)
- CABHI Housing
- GLIDE
- Homeless Voucher Program
- Outreach Housing Project
- Overland Trail Apartments
- PATH Street Outreach
- Permanent Housing Project
- Recovery Support Substance
- Shelter Plus Care for Chronically Homeless
- Street Outreach - Downtown Lincoln
- Supported Living
- Transitions for Young Adults
- Transitions II for Families
- Veteran's Permanent Housing
- Veteran's Transitional Housing Project
- Veteran's Transition in Place

## OUTCOMES

**401**

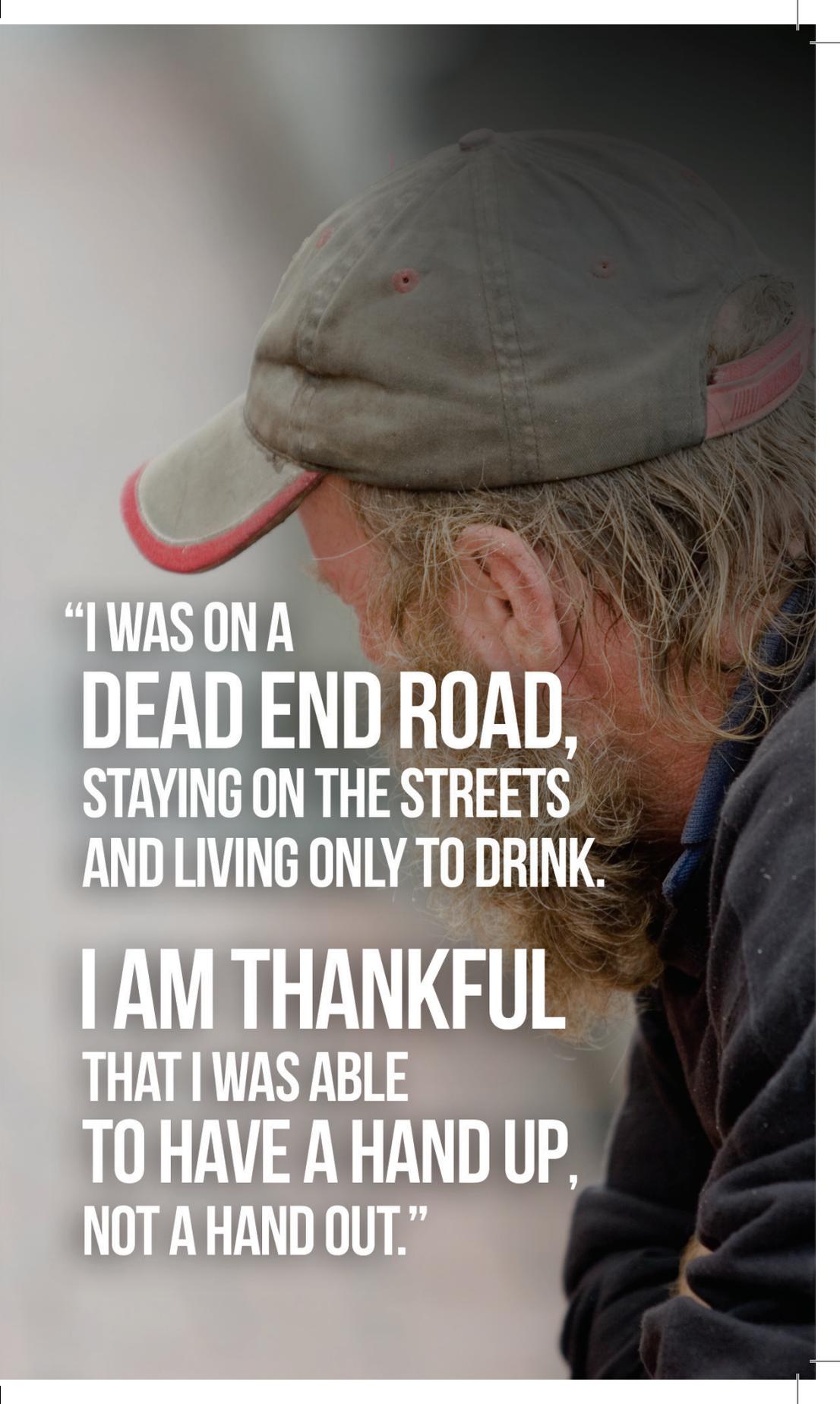
PEOPLE WERE SERVED ACROSS ALL HOUSING PROGRAMS

**79%**

OBTAINED OR MAINTAINED PERMANENT HOUSING

**178**

PEOPLE RECEIVED STREET OUTREACH SERVICES



**“I WAS ON A  
DEAD END ROAD,  
STAYING ON THE STREETS  
AND LIVING ONLY TO DRINK.**

**I AM THANKFUL  
THAT I WAS ABLE  
TO HAVE A HAND UP,  
NOT A HAND OUT.”**

# CRISIS RESPONSE

Propelled by your caring support, you and CenterPointe provide essential crisis services when people are experiencing suicidal thoughts or substance use/mental health crisis.

Your investment helps provide a 24/7 hotline for youth, adults and families; free, walk-in crisis counseling; and in-the-field support for families in crisis.

Thanks to you someone is making a life-saving connection in their darkest hour.

## CRISIS RESPONSE PROGRAMS

- 24/7 Crisis Hotline for youth, adults, and families
- Free, Walk-in Crisis Counseling
- Lincoln Police Department Partnership – providing in-the-field support for youth and families in crisis
- Crisistalk.org

“THE BRAVEST THING I EVER DID WAS CONTINUING MY LIFE WHEN I WANTED TO DIE.”

- JULIETTE LEWIS, ACTRESS

## OUTCOMES

**2,018**

ACTIVE HOTLINE CALLS

**796**

CRISIS INTERVENTIONS

**382**

WALK-IN COUNSELING SESSIONS



FOR EVERY  
**SUICIDE**  
DEATH IN NEBRASKA,  
THERE ARE TYPICALLY  
**25**  
ATTEMPTS

**“NOW, I HAVE A STRONGER SUPPORT NETWORK,  
A FULFILLING JOB HELPING OTHERS WHO LIVE  
WITH MENTAL HEALTH CHALLENGES, AND  
MORE COURAGE TODAY  
THANKS TO THE SUPPORT OF A FULL STAFF OF  
PROFESSIONALS AND PEERS WHO HELPED ME  
LOOK AFTER MYSELF.**

**I AM SO GRATEFUL.”**

– Alex, CenterPointe Graduate, Certified Peer Support Specialist

# **I HAVE MORE COURAGE ALEX – A SUCCESS STORY**

“I had lived with depression and other symptoms of poor mental health since childhood and had unreasonable expectations of what a good life meant and the work it took to get there. I was very ashamed and desperate for a better life. For my reentry back into the community from the Regional Center, I was referred to CenterPointe.

At CenterPointe I received a housing voucher, medication management, an individual counselor, caseworkers, and attended the day rehabilitation program. It took time and CenterPointe stuck with me.

It wasn't until I began working with a CenterPointe Peer Support Specialist that I could break down my unrealistic expectations and appreciate my reality. From there, I made better use of my resources and worked towards independence by taking small steps.”

Alex went on to become a Certified Peer Specialist himself and now helps to lead the Wellbeing Initiative Warm Line, Wellbeing Connections. Alex has committed himself to providing a reassuring voice for anyone feeling overwhelmed and to remind others they are not alone.

# PARTNER ORGANIZATIONS

- The Arch
- The BAY
- Clinic with a Heart
- Credit Advisors
- DomestiPups
- Downtown Lincoln Association
- Harvest for a Lifetime
- Heart Ministries
- Houses of Hope
- Housing and Urban Development (HUD)
- Lincoln Homeless Coalition
- Lincoln/Lancaster County Suicide Prevention Coalition
- Lincoln Parks & Recreation
- Lutheran Family Services
- Matt Talbot Kitchen and Outreach
- NAMI
- Nebraska Association of Behavioral Health Organizations (NABHO)
- The Orchard
- Planned Parenthood of the Heartland
- Region II
- Region V
- Region VI
- Safe Harbor
- Santa Monica
- Social Security
- TJ Purple Project
- Tom Hightower ¾ way Houses
- VA Nebraska – Western Iowa Health Care System
- Vocational Rehabilitation

# 2016/2017 BOARD OF DIRECTORS

## Executive Committee

Scott Williamson, Chair  
 Debra Patterson, Vice Chair  
 Bill Kerrey  
 Michelle Smith

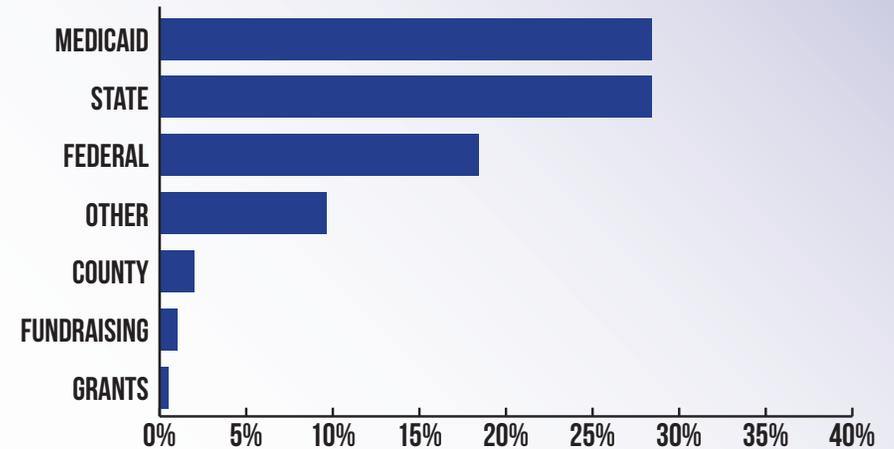
## Members

Kristi Ambroz  
 Eddie Brown  
 Bill Bryant  
 Jennifer Davidson  
 Carol Ernst

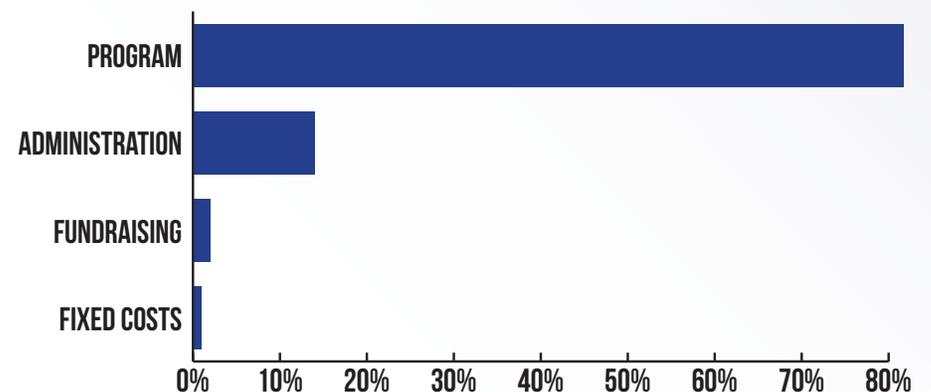
Julia Holmquist  
 Ofc. Chassidy Jackson-Goodwin  
 Brad Korell  
 Mary Beth Lehmanowsky  
 Lee Merrit  
 Vicki Powell  
 Price Rivers, Jr.  
 Sissy Ruley  
 Michael Shambaugh-Miller  
 Sam Smith  
 Shirley Travis  
 Justin Valencia

# FINANCIALS

## REVENUE \$10,210,100



## EXPENSE \$9,904,382





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CenterPointe.org