My Journey through the **Storm Times**

Samuel Brown

T've been affiliated with CenterPointe since 1987 as an inpatient and outpatient client and now as a board member.

In the earlier years of treatment with the Glide program, it was like being on an emotional roller-coaster.

I was very frustrated, in deep selfdenial of my addiction, and experienced constant depression.

I established a pattern of frequent relapses and I would sabotage myself when things were going well for me.

I always wanted to be successful, but I also wanted to hold on to drinking alcohol. I decided to take the next step and go through residential treatment.

I was given many tools for selfbetterment, but chose not to utilize them and I broke away after I finished

In December 2005, I was diagnosed with cancer and I decided I had to get sober before anything could be good in my life.

I didn't want to die living like this and I asked God for help.

I discovered the lessons CenterPointe gave me were still embedded in my head. It was like a light went on and I started using those tools to get sober.

I came back to CenterPointe as an outpatient.

I was learning coping skills and addressing my mental health issues but I managed to make working with my therapist or case manager very difficult

I harbored anger and self-hatred. I lived a life of drama. CenterPointe kept accepting me and supporting me and l kept working toward lasting recovery.

Now, I have seven years of sobriety. I still work every day on my recovery.

I try to remember where I came from. I talk with other people and with youth about the storm times.

And, I give back to my community for all the support the community gave me.

Samuel Brown

THANKS TO YOU,

we are able to offer more than 15 different programs and services that help women, men and teens find lasting recovery.

- Co-occurring Residential Treatment
- Touchstone Residential Treatment
- Outpatient Counseling
- Day Rehabilitation
- PIER
- Community Support
- Recovery Support
- Peer Support
- Harvest Program
- Glide
- Shelter Plus Care
- Permanent Housing
- Supported Living
- Transitions Housing for Young Adults
- Veteran's Transitional Housing
- Youth Outpatient Counseling
- Youth Intensive Outpatient Program
- Open Studio/Writers' Wordshop
- SOAR
- Psychiatric Care

More info: www.CenterPointe.org

Combined all programs. people served during

Percent of people low &

Would recommend CenterPointe services to friends and and are

Rated CenterPointe services as good or excellent

Throughout the year our Board of Directors hold focus groups within different CenterPointe programs to hear directly from consumers.

Consumers are also encouraged to fill out written surveys that offer feedback and comments during and after services.

These are some of the words

recorded during 2010/2011. Your partnership with CenterPointe does make a difference!

make a

"It is working tor me.'

"I enjoy coming, I've been helped a lot. I'd like to continue my treatment here at CenterPointe. Don't like to (think) of me without help."

"CenterPointe has given me life and health and help I could of never found otherwise. They're truly a god sent.'

"This program has kept me clean and sane!"

"CenterPointe has really helped me to understand my problems more and what I need to do about them."

"CenterPointe has helped me live a better life." "Your staff Rocks!"

"Thank you." "I look forward to meeting with (staff) every week. It really helps me get through my problems in life."

"I just think

it is very

very very

helpful."

"Thank you for all you have done for me.

"Awesome"

"Best thing that ever

happened to me!"

"Keep doing

what you do.

I know this is

an excellent

are serious.

program, if you

Administrative Office

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Leaders in treating addiction and mental illness

Proud member agency



SCENTER POINTE, INC. Leaders in treating addiction and mental illness

Surviving the

Your 2010-2011 CenterPointe Annual Report



Remedy

The symptoms **▲** of mental illness, addiction, and physical health illnesses leave many caught in what often feels like an out-ofcontrol storm.



Just as the powerful forces of nature can hurl wind and rain that leave the strongest person feeling helpless, so too can brain diseases like addiction and depression leave the most capable person unable to cope.

CenterPointe meets each person where they are in their lives. No judgments, just listening. We understand these illnesses and we have the knowledge, training and experience to help.

We provide treatment, medication, housing, social supports and access to medical care.

We're not just 'any port in a storm', we understand the storm and we can provide the tools to help someone get better faster and stay better longer.

For it to work well, it takes the generous support of the community: hygiene products, starter kits for houses, financial donations for services.

Thank you for being part of the solution — for helping hundreds of people find their way through the storm to a healthy, productive life.



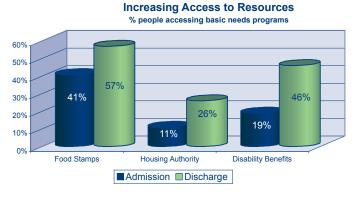
Topher Hansen **Executive Director**

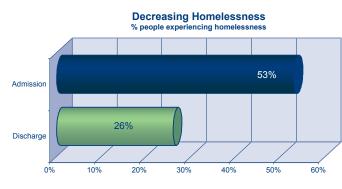
As you will read in Sam Brown's story, recovery is rarely a straight, nonstop path from A to B. Extreme poverty and the severities of illness among the people we serve make this especially true.

People experiencing co-occurring mental health and addiction need three to five times longer to find lasting recovery.

Your support is important and is making an impact.



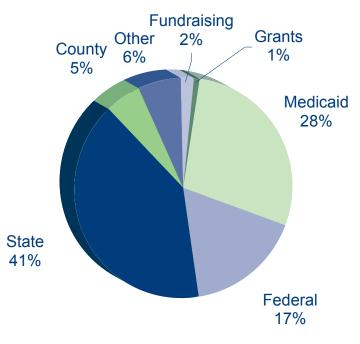




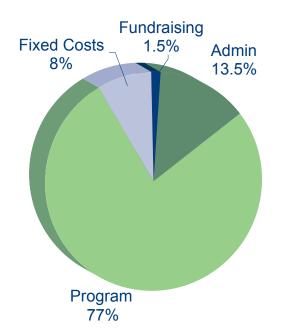
For more outcome information: www.CenterPointe.org

Financial Summary

Revenue - \$5,825,678



Expense - \$6,280,153



THANK YOU

Thank you for supporting women, men and teens in recovery! Your generosity helps them to overcome homelessness, mental illness and addiction. Because you care, people are finding their way through the storm to a healthier, more productive life.

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