



Annual Outcomes Report FY 2008-2009

Topher Hansen, JD,
Executive Director

Christine McCollister
Director Management Information Systems



- ❖ CenterPointe is proud to be a **2009 Science and Service Award** winner in the category of Co-occurring Disorder Treatment
- ❖ The *Science and Service Award* is a national program from SAMHSA to recognize community-based organizations exemplary implementation of **evidence-based services**.
- ❖ CenterPointe employs two evidence based practices: Co-Occurring Disorders (IDDT) and Assertive Community Treatment (ACT)

Our Mission

**To help people
with substance use and
mental health disorders
attain healthier, more productive lives**

Adult Co-Occurring Residential Treatment



2633 P St.

- ▶ Transitional housing & residential treatment
- ▶ Adults 19 and over
- ▶ Serious mental illness
- ▶ Substance dependence
- ▶ 6-8 months expected stay
- ▶ 15 bed Capacity

Touchstone ~ Short Term Residential



1100 Military Rd.

**Provided in collaboration with
Houses of Hope, Inc.**

- ▶ Adults 19 and up
- ▶ Substance Dependence disorder
- ▶ 30-45 days expected stay
- ▶ 16 bed capacity

Youth Residential Treatment



2220 S. 10th

- ▶ Transitional housing and residential treatment
- ▶ Youth 13-18
- ▶ Substance Use Disorders
- ▶ Mental Health Disorders
- ▶ 4-6 months expected stay
- ▶ 12 bed capacity

PIER ~ Assertive Community Treatment



**2000 P St.
Provided in collaboration with
Lutheran Family Services and
Community Mental Health Center**

- ▶ Full range of psychiatric and rehabilitation services provided in the community
- ▶ Serious Mental Illnesses Only
- ▶ Alternative to long term hospitalization
- ▶ 70 person capacity

Outpatient Programs



1000 South 13th

- ▶ Outpatient Counseling –
Youth and Adult
Capacity 105
- ▶ Day Rehabilitation
Capacity 18
- ▶ Case Management
Capacity 190
- ▶ Housing Programs
Capacity 77 –
20 in planning

Housing and Supportive Services



► Transitional and Permanent community housing and case management service for 52 single, homeless adults with substance use or mental health disorders.



► HUD 811 Housing for 10 single adults with mental health disabilities

Housing and Supportive Services

► **11-Plex:** Housing and supportive services for **4 persons who are chronically homeless** and **7 people discharged from Regional and Crisis Centers.**



► **4-Plex: Family Housing** in 4 - 2 BR apartments with supportive services for persons with mental health or substance disorders.



Other Programs



F Street Recreation Center

Open Studio – Writers Wordshop

This collaboration of Lincoln Parks and Recreation, Community Mental Health Center and CenterPointe supports a community wide program for individuals to express creative talent through writing or visual arts. Hosted by F Street Recreation Center.

Staffing ~ 101 Employees

- **8 Program Directors**
- **19 Case Managers**
- **10 Counselors**
- **6 Nurses**
- **2 Recreational Therapists**
- **31 full and part time techs**
- **14 Support Staff**
- **3 kitchen**
- **8 management team members**



Contractual Staff

- **CenterPointe Residential and Outpatient**
 - ▶ Dianna Clyne, M.D., Psychiatrist
 - ▶ Maxine Bohaby, R.D.
 - ▶ Mike Last, M.A., L.M.H.P
 - ▶ Tina Vest, R.N., M.S.N.,A.P.R.N.
- **PIER Assertive Community Treatment**
 - ▶ Dianna Clyne, M.D., Psychiatrist
 - ▶ K.G. Langdon, R.N., M.S.N., A.P.R.N
 - ▶ Welcome Helen Trotter, R.N.,M.S.N., A.P.R.N
- **Touchstone Short Term Residential**
 - ▶ Kelli Bremer, M.D., Psychiatrist
 - ▶ Tina Vest, R.N., M.S.N.,A.P.R.N

Goals For Persons Served

- ▶ To reduce or eliminate substance use
- ▶ To improve management of the symptoms of mental illness
- ▶ To live in the community as independently as possible
- ▶ To engage in a long term program of recovery

Goals...In Their Own Words....

- ▶ *Be self supporting*
- ▶ *Get myself back, all the good parts*
- ▶ *Alive*
- ▶ *Know my mental illness*
- ▶ *Overcoming anxiety without medications*
- ▶ *Stand on my own*
- ▶ *Give back to others*
- ▶ *Learn new ways of thinking to stay out of trouble*
- ▶ *Maintain positive mental health*
- ▶ *Stay sober*
- ▶ *Lead a happy, productive life*

Co-Occurring Diagnoses of Persons Served

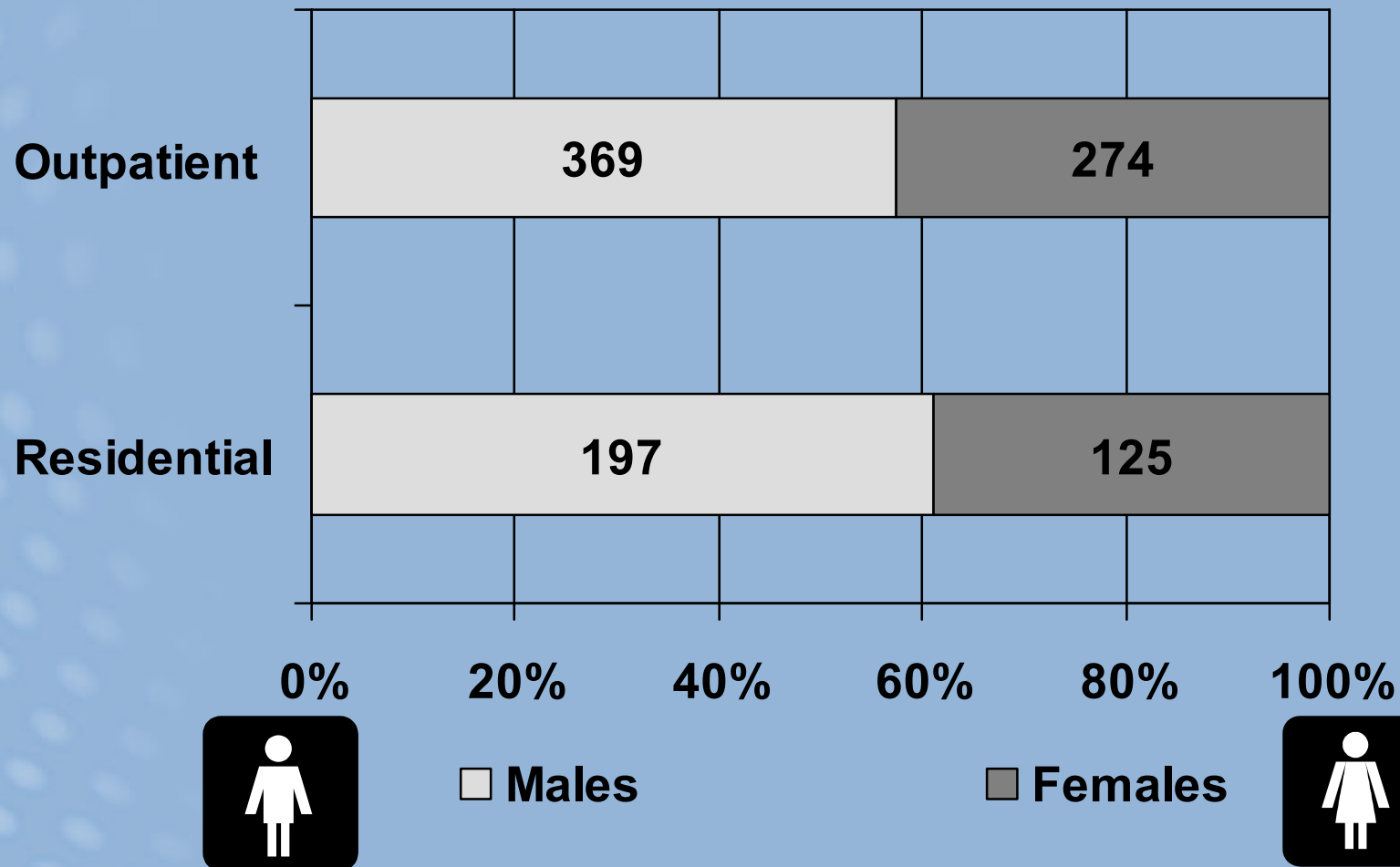
Mental Health Diagnoses

- ▶ 30% with Schizophrenia or related thought disorders
- ▶ 40% Depressive Disorders
- ▶ 20% PTSD and Anxiety Disorders
- ▶ 10% Other Mental Health Disorders

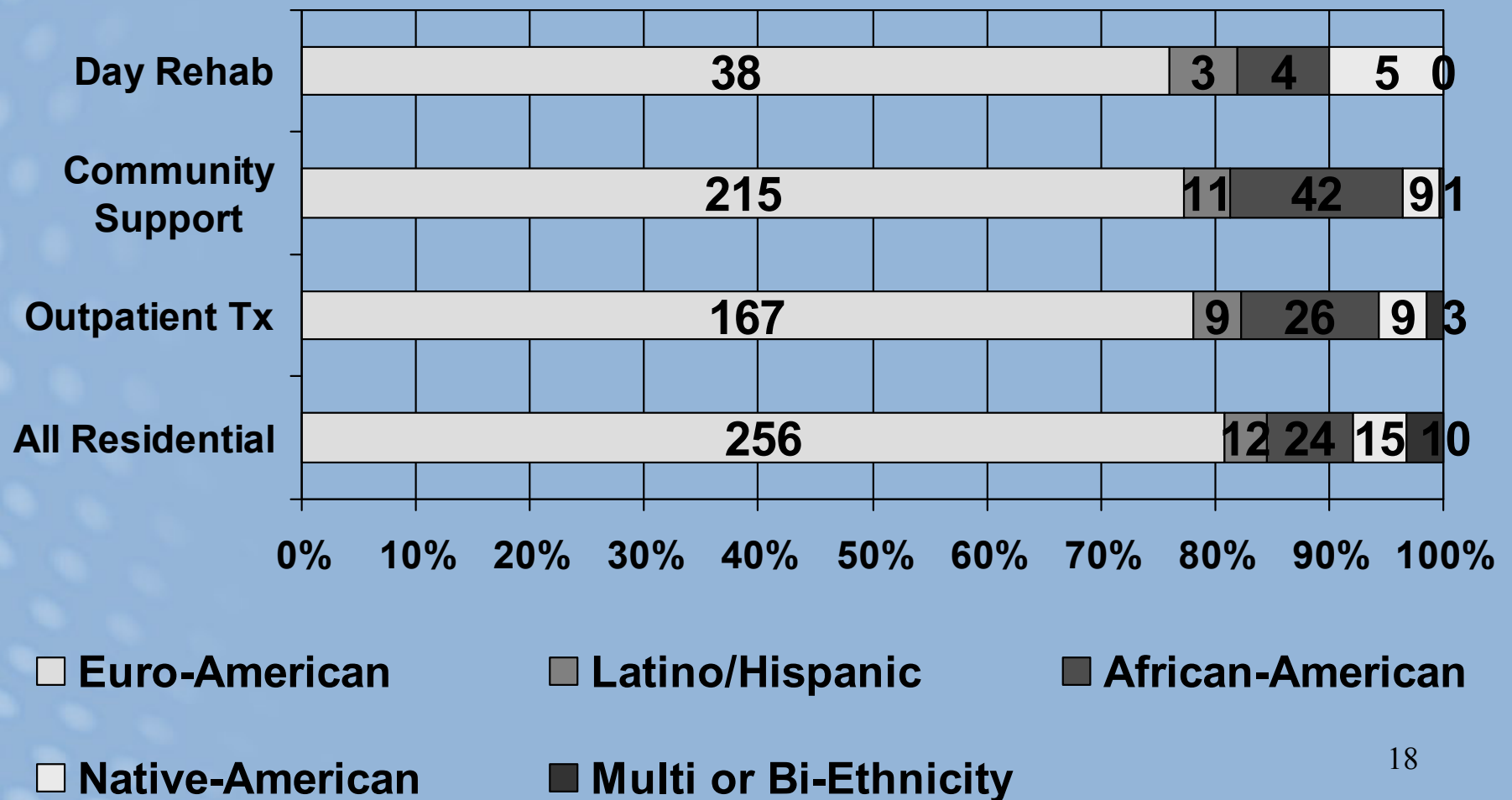
Substance Diagnoses

- ▶ 40-50% Alcohol Dependence
- ▶ 25% Methamphetamine
- ▶ 20% Cocaine, Marijuana and other substances including Rx Drugs

Gender of Persons Served



Race and Ethnicity of Persons Served



Continuous Quality Improvement



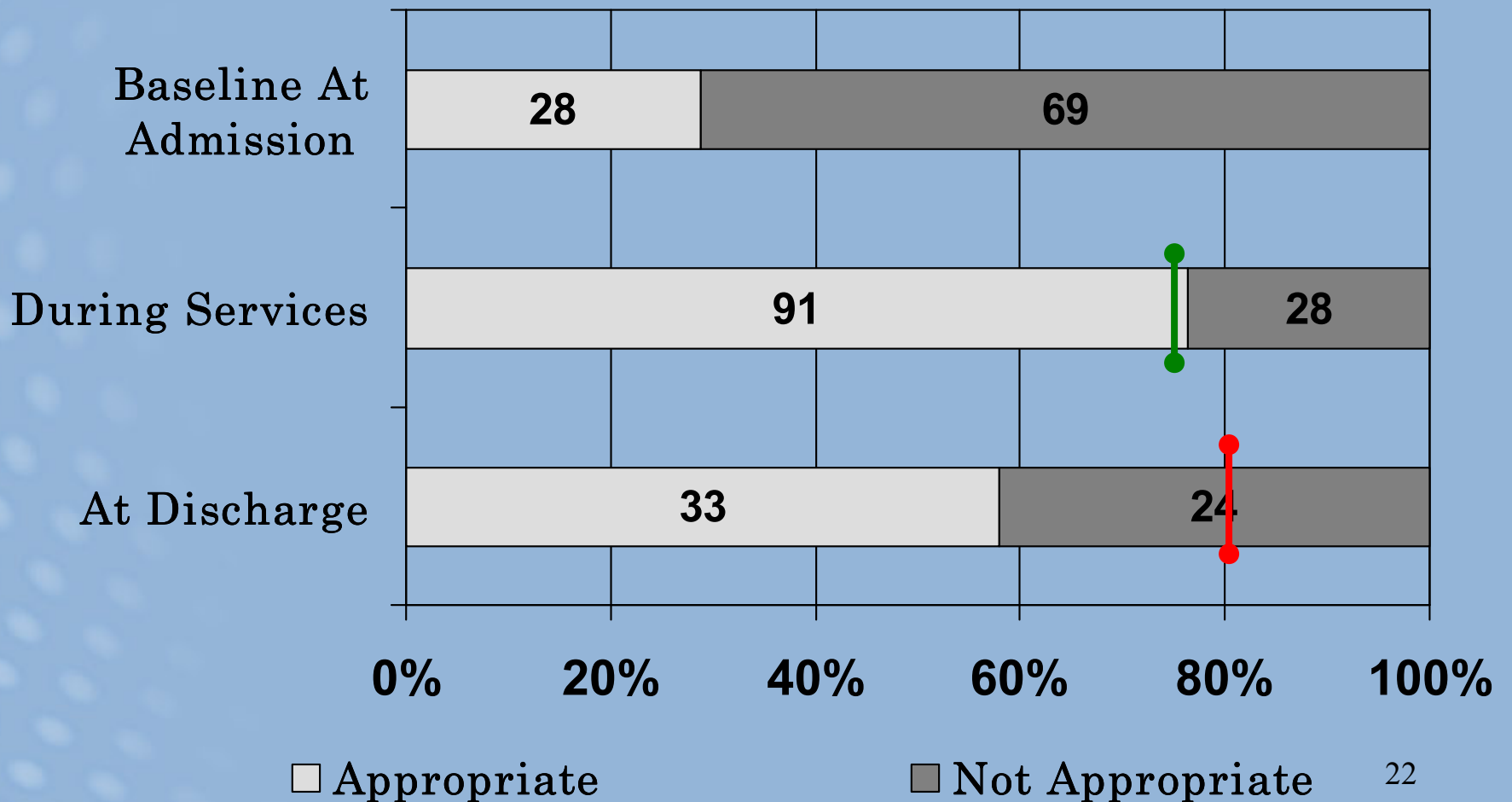
Outcomes Management Areas

- ▶ Effectiveness
- ▶ Efficiency
- ▶ Access to Services
- ▶ Satisfaction

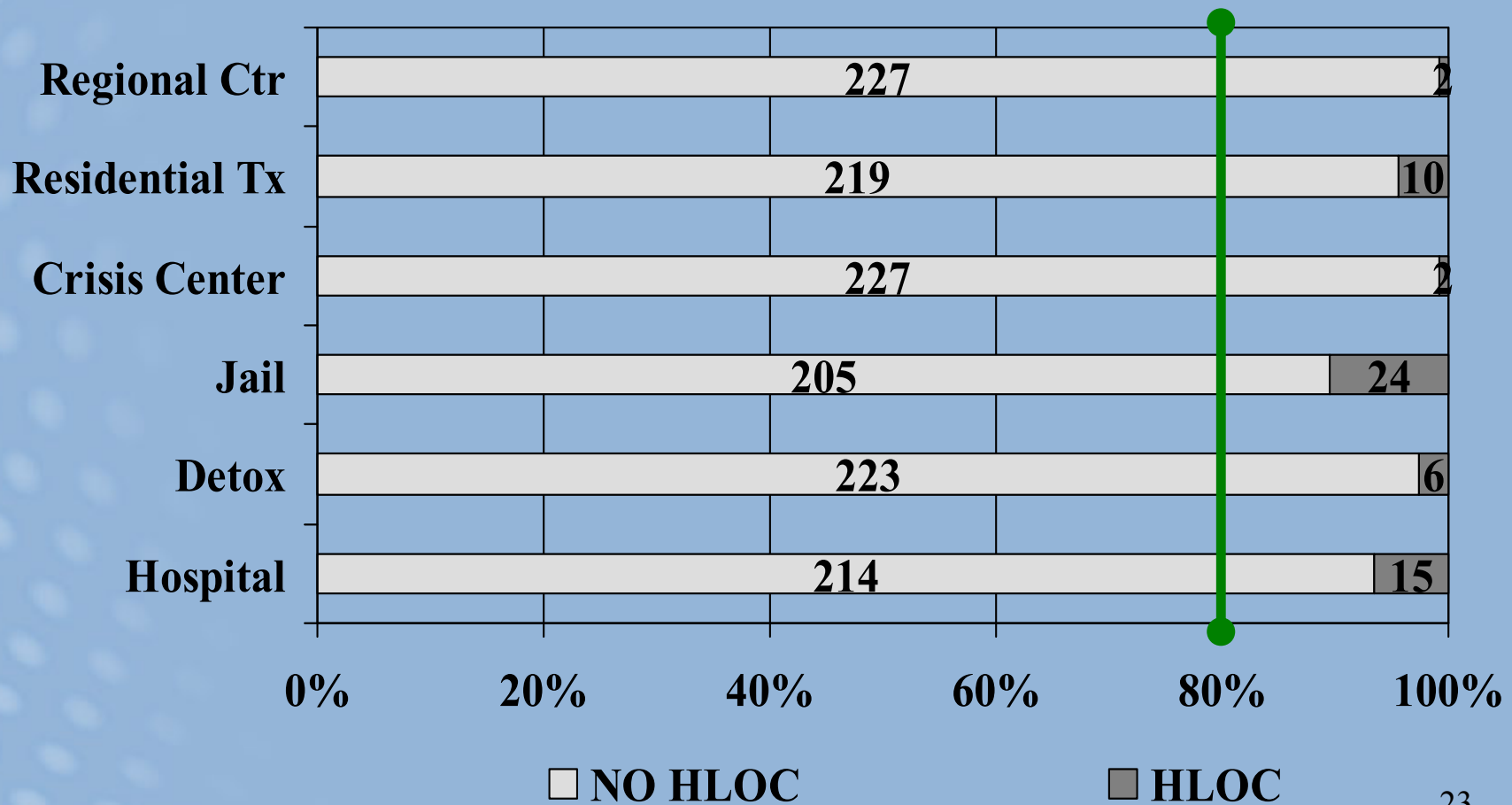
Consumer Outcome Indicators

- ▶ Amount, types and frequency of drugs or alcohol used
- ▶ Medications taken as prescribed “most of the time”
- ▶ Reduced utilization of crisis centers, detox units, hospitals and jails
- ▶ Engages in services that support long term recovery
- ▶ Brief Symptom Inventory global functioning score
- ▶ Legal Involvement after services
- ▶ Housing, as appropriate for the individual

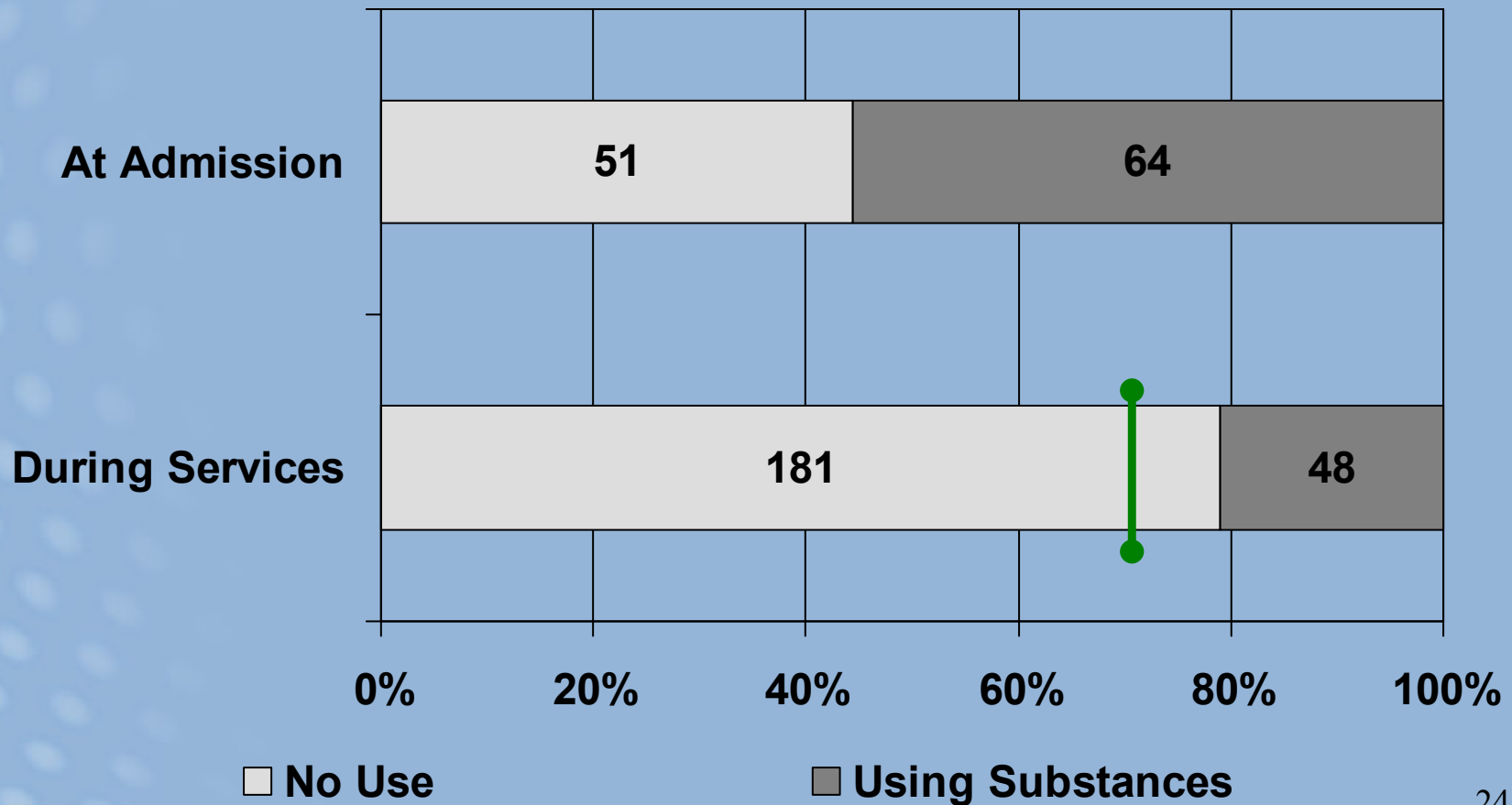
Community Support Consumers: Living Situation



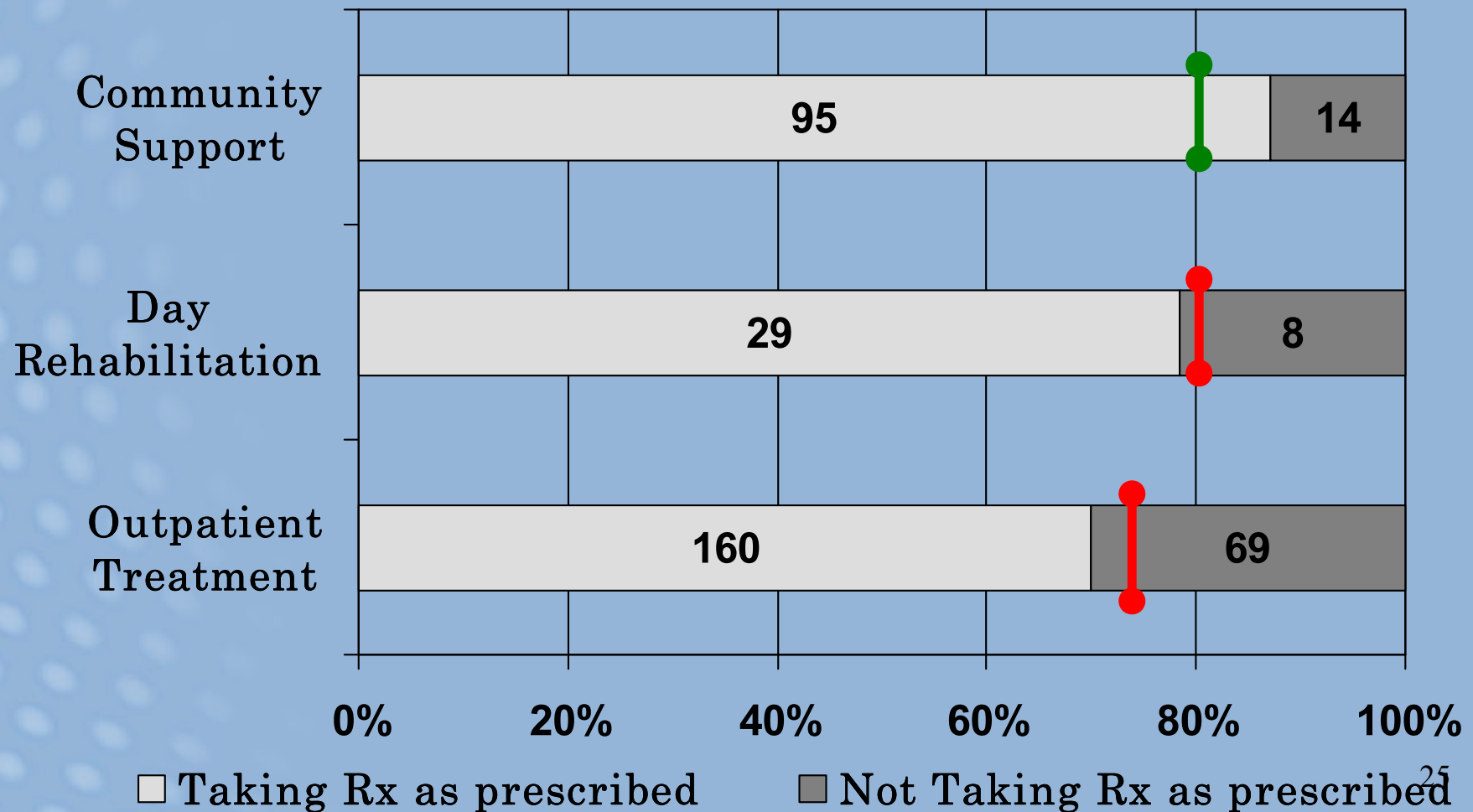
Outpatient Consumers: Higher Levels of Care



Outpatient Consumers: Substance Use During Services

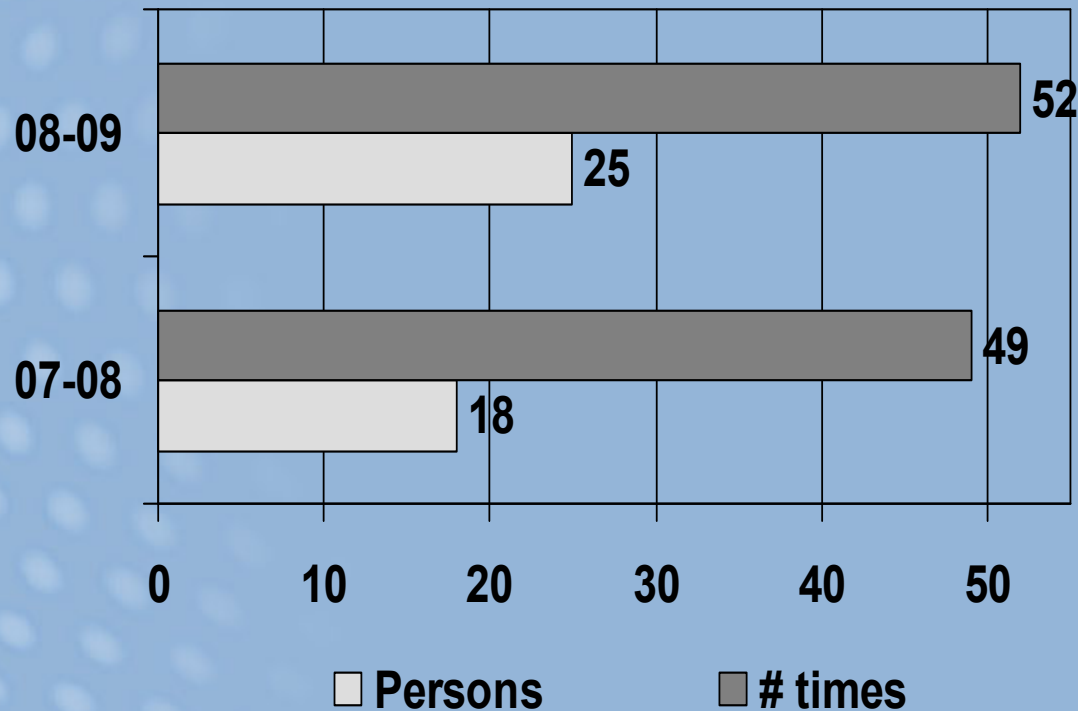


Outpatient Consumers: Taking Medications as Prescribed

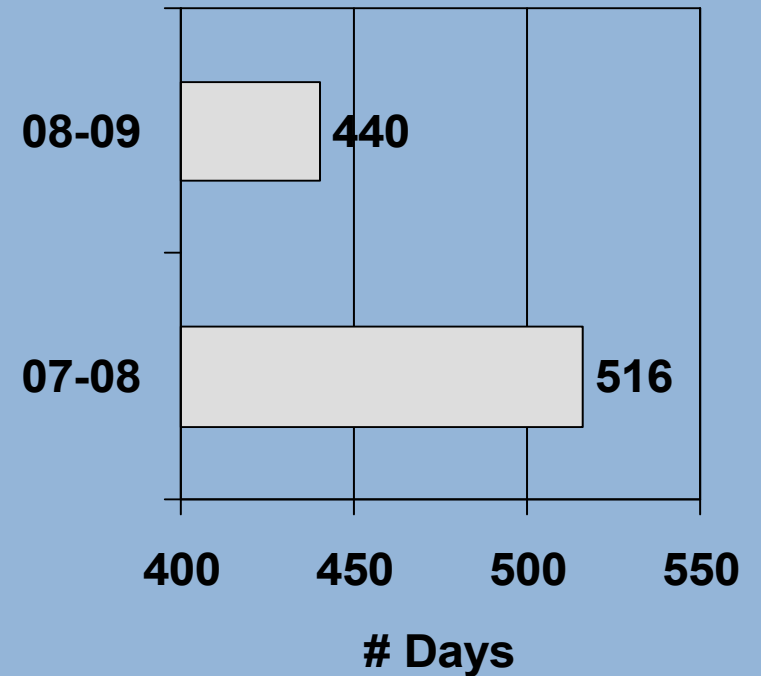


PIER ~ ACT Team

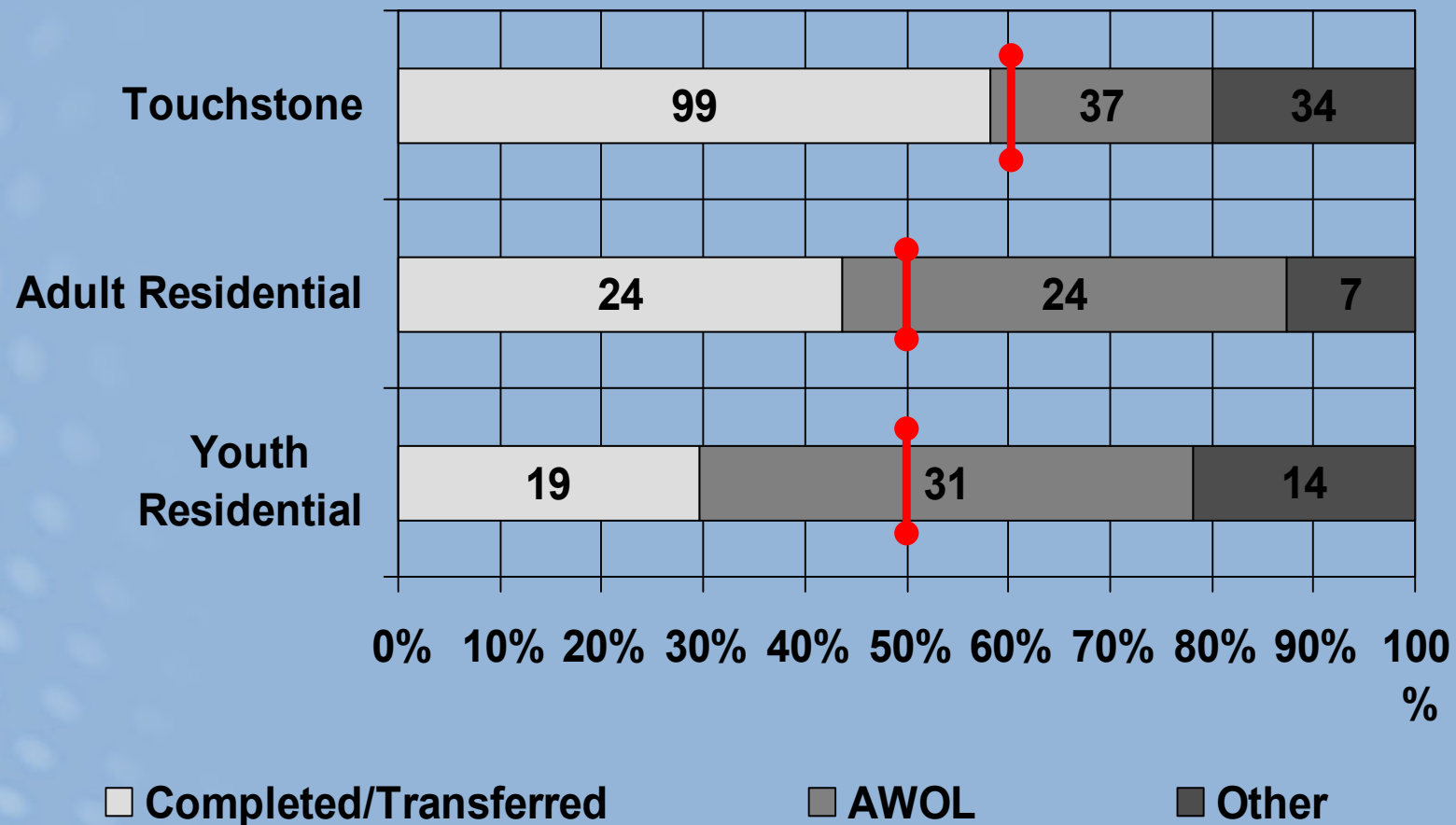
Hospitalizations



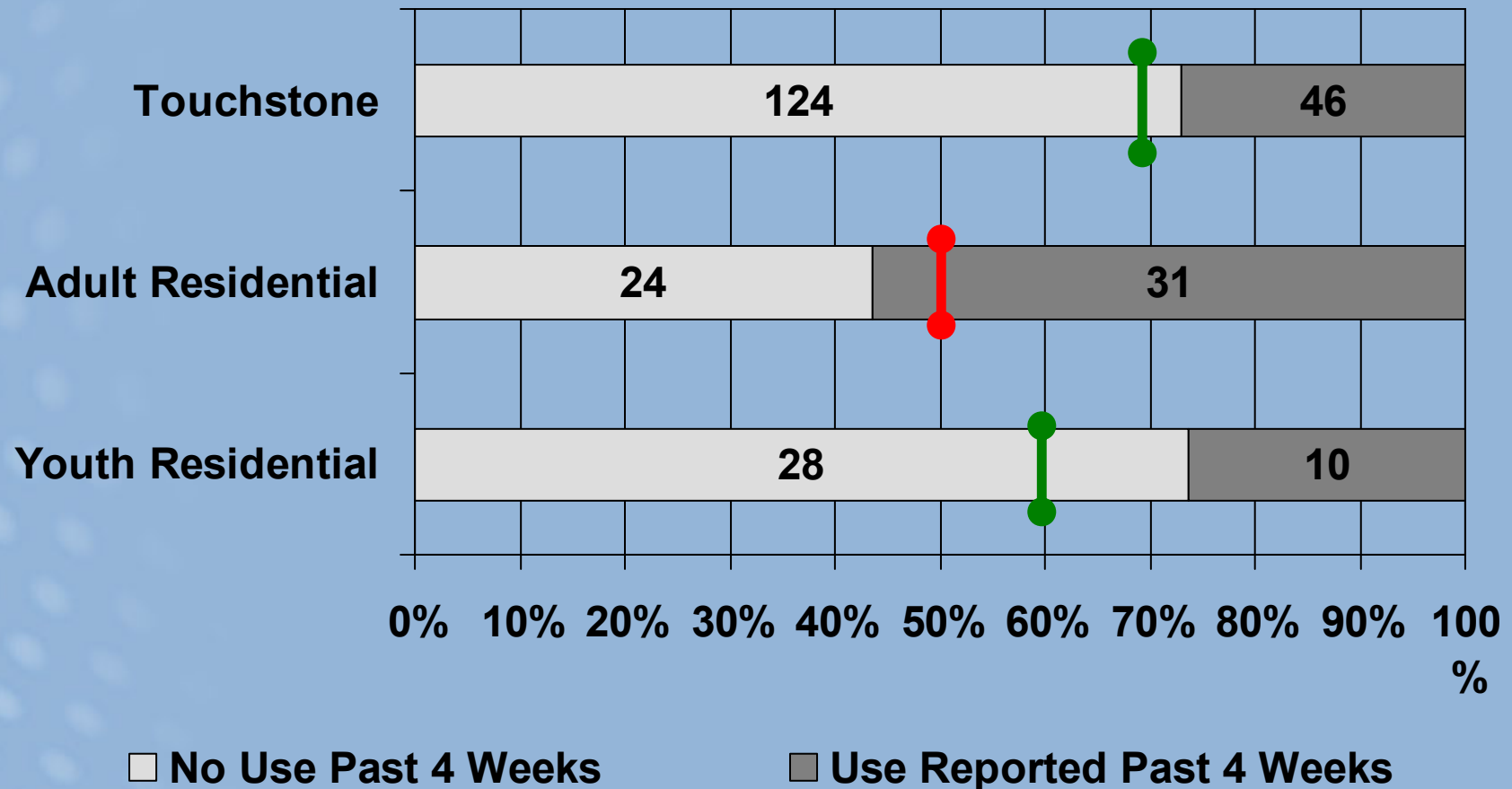
Hospital Days



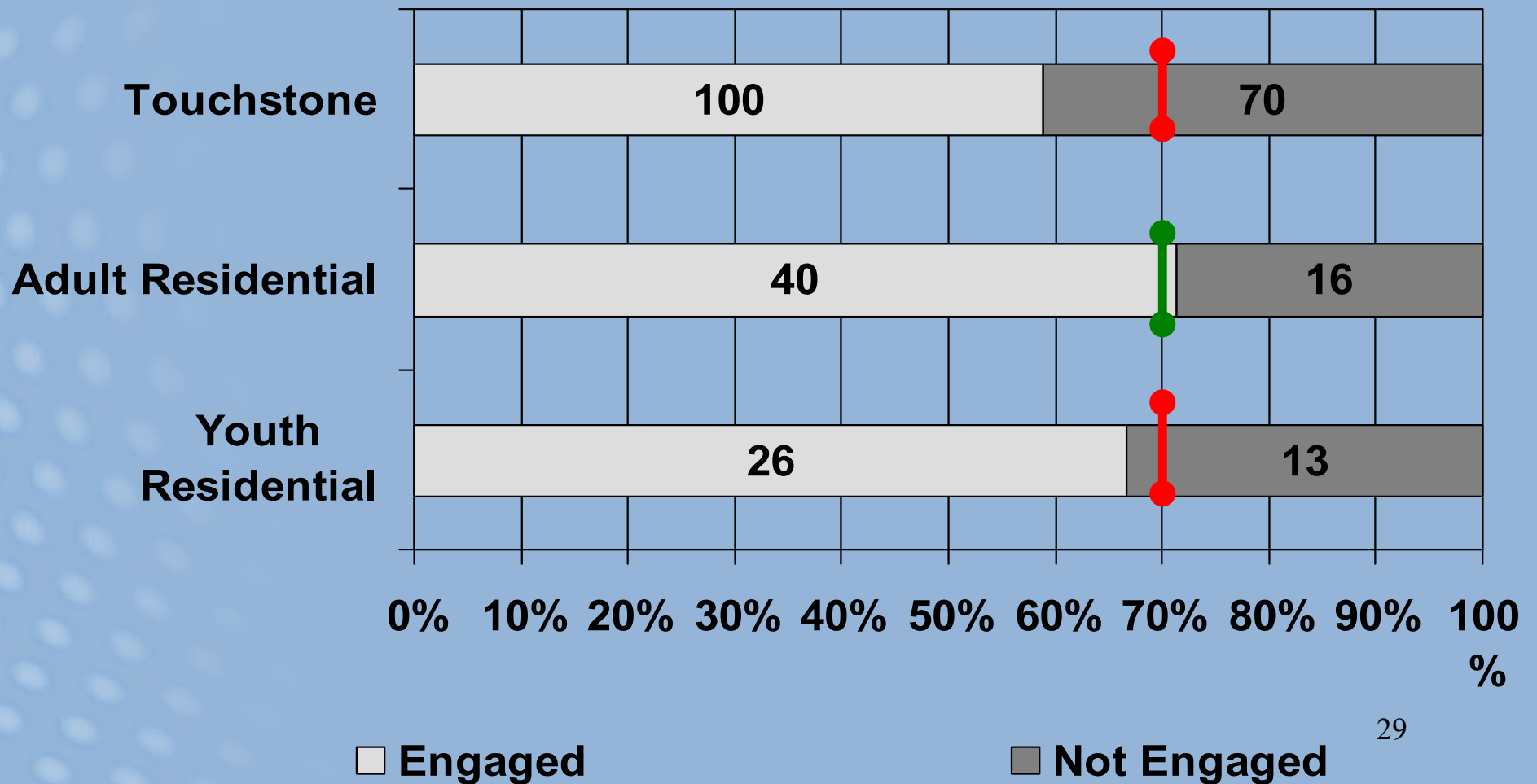
Residential Treatment - Completion Rates



Discharged Residential Consumers: Substance Use Past 4 Weeks



Discharged Residential Consumers: Engaged in Services



Youth Study: UNL and CenterPointe Collaborate

- 2 years of de-identified data collected from the Youth Residential Program for adolescents with co-occurring mental health and substance disorders.
- Dennis McChargue, Ph.D. Department of Psychology UNL and Graduate Research Assistant Sarah King are the Principle Investigators
- Research questions include both programmatic outcomes as well as factors that may be generalized to other youth with co occurring disorders and the programs that serve them.

UNL CenterPointe Collaboration: Research Questions

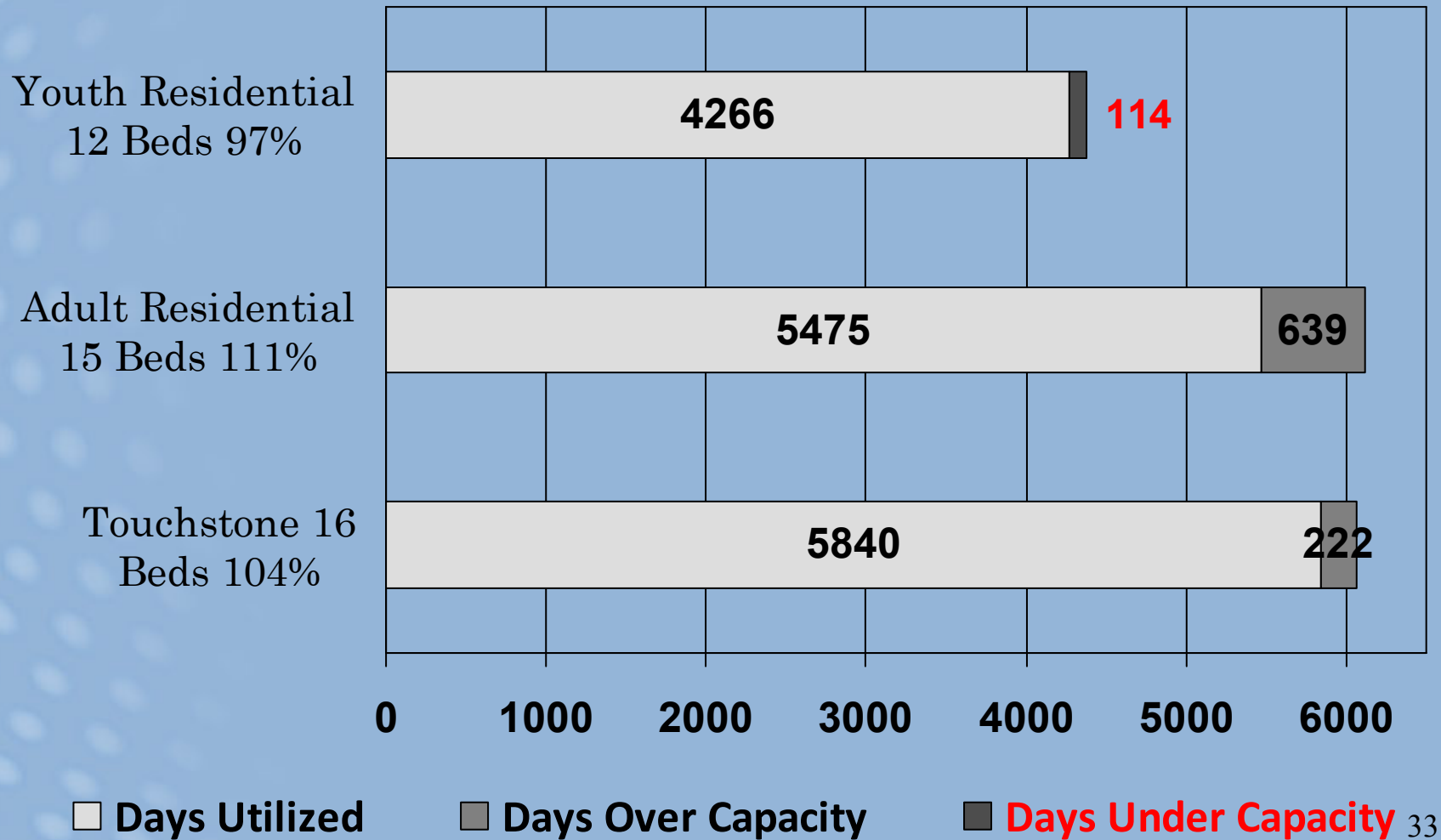
- ▶ Do adolescents use substances to self medicate for MH problems?
- ▶ How are outcomes effected by the magnitude of MH problems and/or the number of Adverse Childhood Experiences (ACE)? Childhood adversity is associated with a broad range of negative health and mental health outcomes, both in childhood and among adult survivors.
- ▶ Are there differences on outcomes among the diagnoses, substances used or other demographic elements?
- ▶ Preliminary results suggest the persons served are reporting feeling better about life and are engaged in a program of recovery and these effects increase over time (3 month post DC follow up)



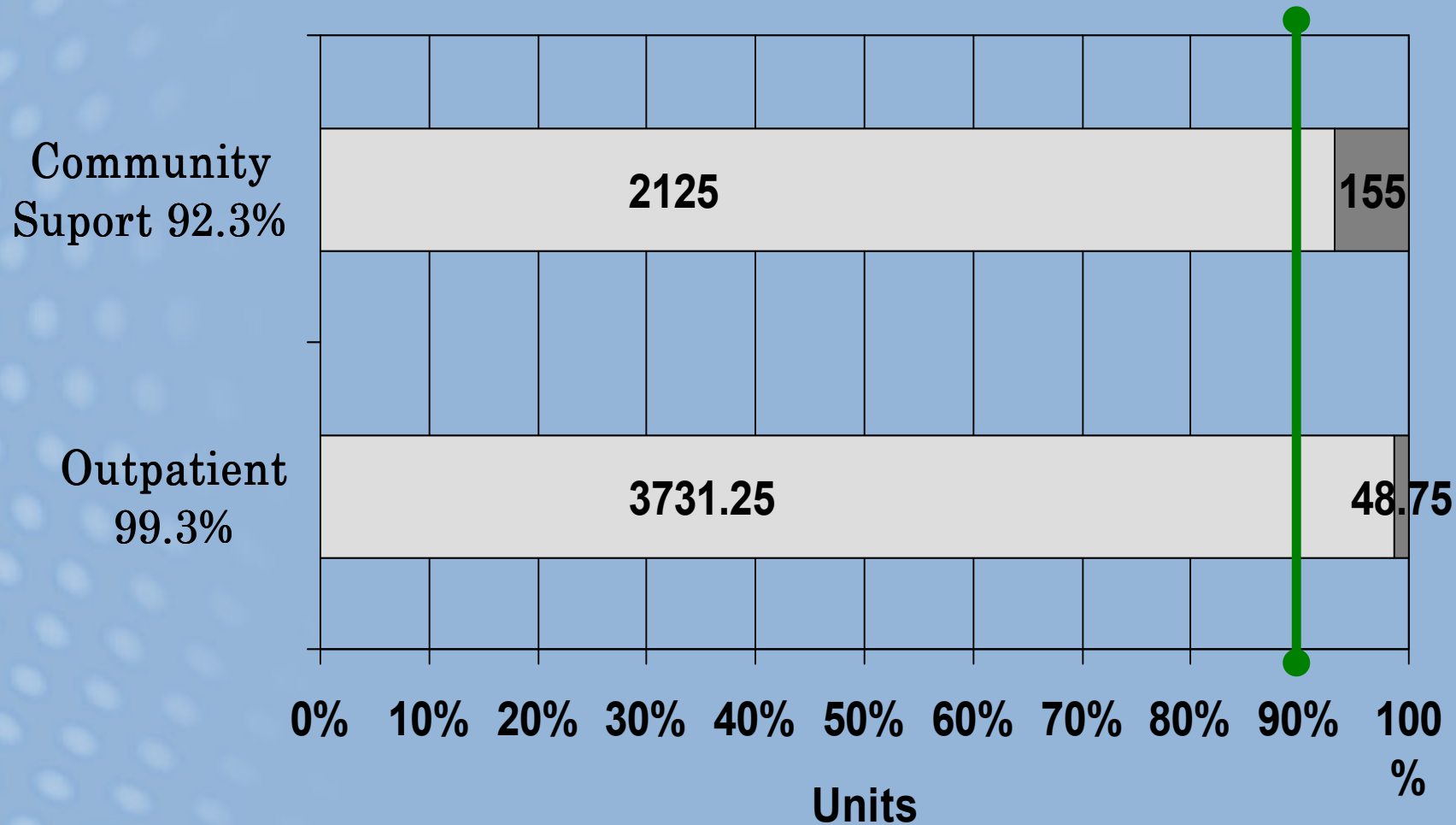
Clinical Trials Network (CTN)

- ▶ The CTN provides an enterprise in which NIDA, treatment researchers, and community-based service providers work collaboratively
- ▶ Goals are to develop, validate, refine, and deliver new treatment options in community-level clinical practice
- ▶ Conducting studies of behavioral, pharmacological, and integrated behavioral and pharmacological treatment interventions of therapeutic effect in rigorous, multi-site clinical trials to determine effectiveness across a broad range of community-based treatment settings and diversified populations
- ▶ Ensuring the transfer of research results to physicians, clinicians, providers, and persons served in a timely way

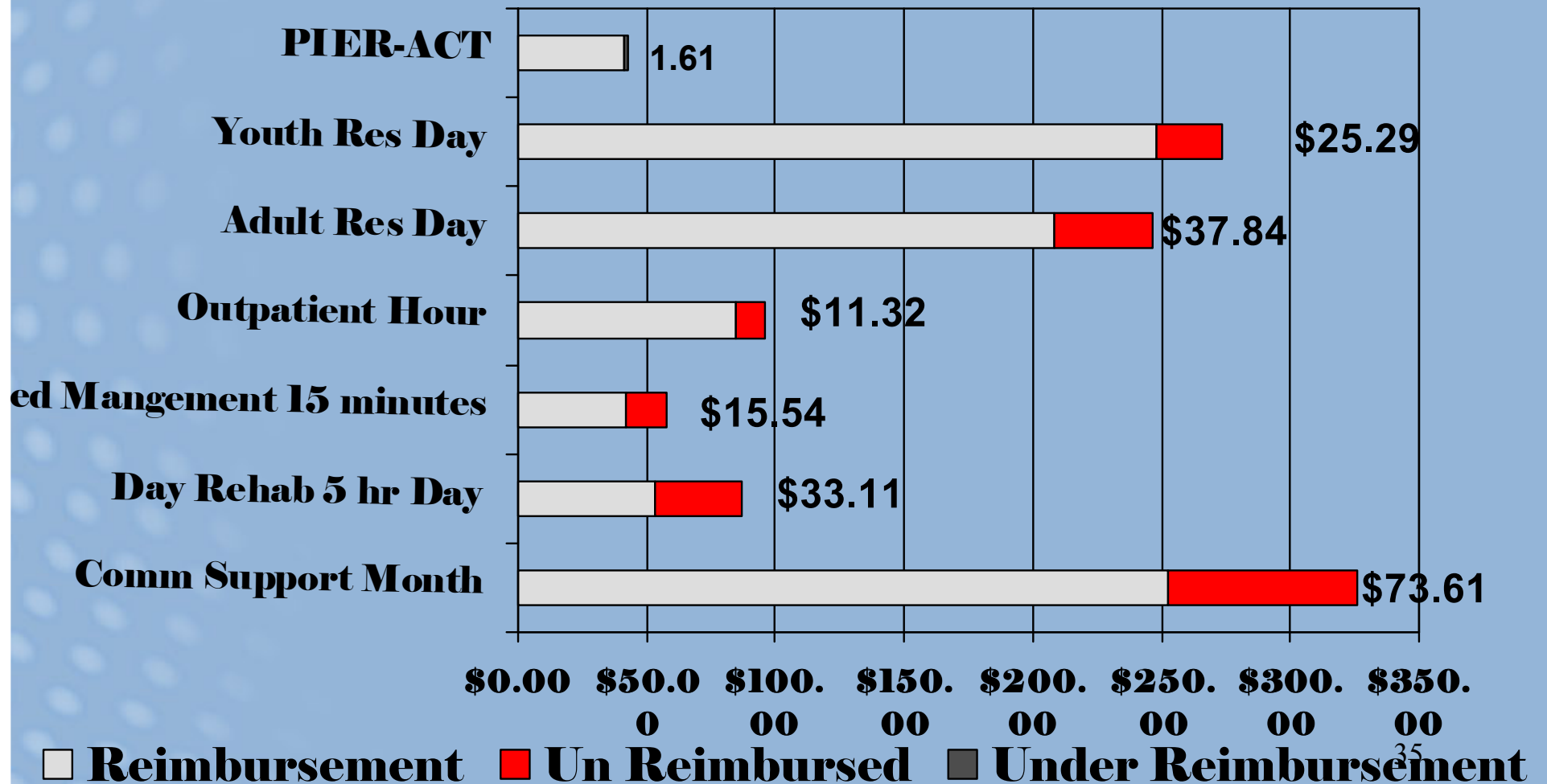
Residential Days - Utilization



Outpatient Utilization



Cost of Services



Access to Services

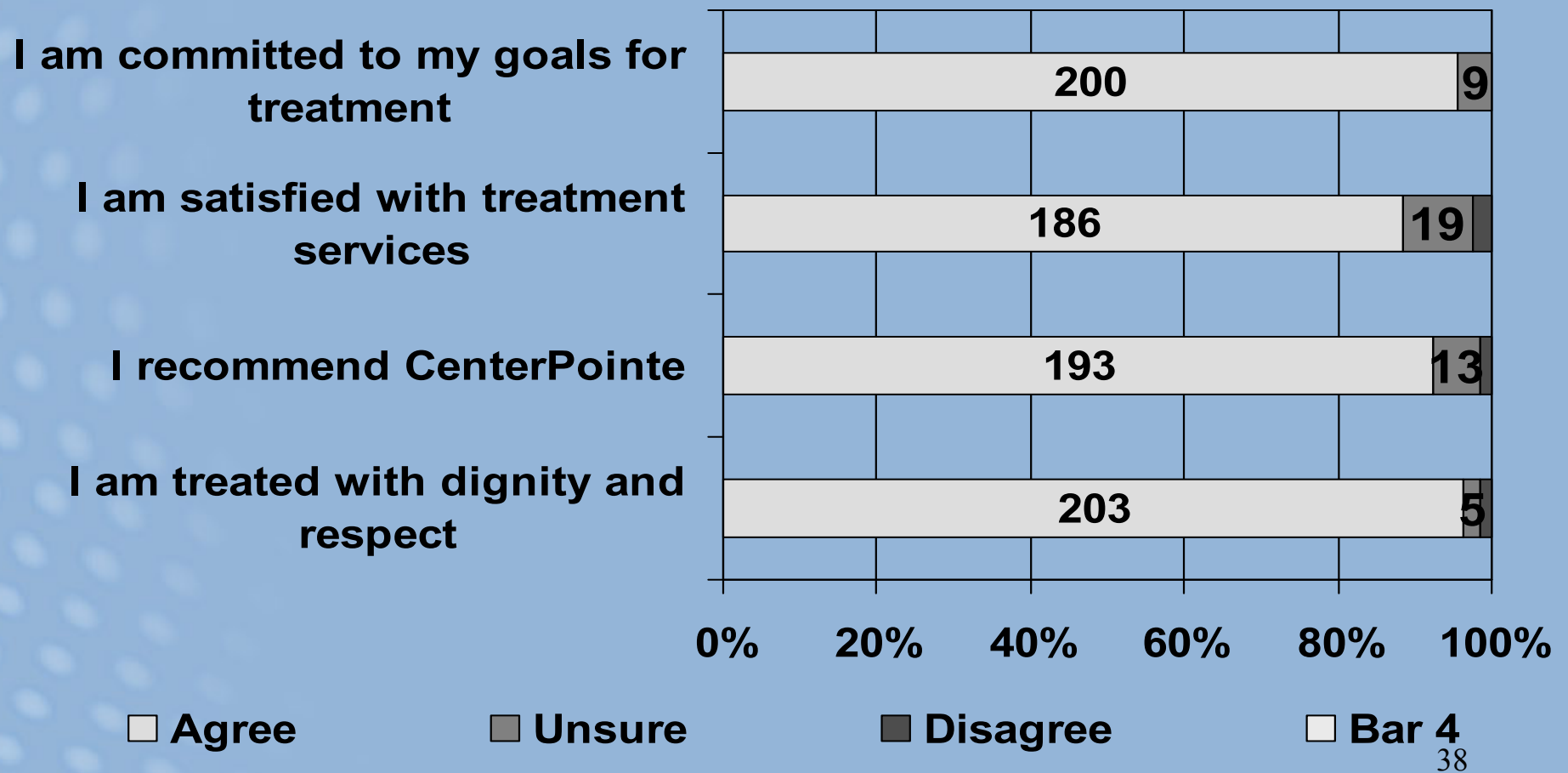
**PIER PROGRAM NOT INCLUDED*

Referral Outcomes	05-06	06-07	07-08	08-09
Admitted	500	474	470	470
Deceased	0	0	3	0
Incarcerated	30	34	41	22
Ineligible	63	35	70	101
Can Not Locate	226	230	198	144
No Show	26	25	25	29
Declined Admit	115	136	165	128
Other	7	6	11	4
Referred Elsewhere	9	5	12	22
Other CP program	13	8	0	0
Treatment Elsewhere	123	136	124	148
TOTAL REFERRED	1,112	1,091	1,119	1,068

Access to Services

Program	Admissions 06-07	Admissions 07-08	Admissions 08-09
Outpatient Treatment	14.0 weeks	26.0 weeks	11.07
Community Support	5.9 weeks	9.2 weeks	4.4
Day Rehabilitation	21.5 weeks	19.9 weeks	14.3
Youth Residential	1.8 weeks	0.8 weeks	2.5
Adult Residential	18.8 weeks	11.9 weeks	12.1
Touchstone	5.1 weeks	5.5 weeks	4.0

Consumer Satisfaction



In their own words...

- ▶ *Centerpointe has honestly made my life worth living. Not a day goes by I don't think of all who have helped me here.*
- ▶ *CenterPointe is a life saving/changing place to receive services.*
- ▶ *Good job thanks a bunch.*
- ▶ *Wonderful programs. The 1st that have worked for me.*
- ▶ *I really like CenterPointe. It's a good fit for me.*
- ▶ *I would not be here if not for centerpointe :)*
- ▶ *Extremely satisfied with services here.*
- ▶ *My case worker is great, we should have more people like him.*
- ▶ *You guys R doing great! Keep up the great work!*



**Together we are
recovering lives and restoring hope**

www.centerpointe.org

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