



### MESSAGE FROM THE PRESIDENT

It is pivotal — providing the right care at the right time to the person that suffers from unwanted mental illness, addiction and physical health issues.

I have not met a person in my twenty years in behavioral healthcare who wanted to have mental illness, addiction or the myriad of physical health problems they are experiencing as they stand at our door.

It is disease. It crosses all demographics. It is powerful. It is treatable.

Thank you for your pivotal role in affecting the life of another person! You cared, you gave, you got involved.

Our understanding of these brain diseases is much improved, and our treatment techniques are sophisticating, but successful care still pivots on establishing trusting professional relationships and treating the whole person.

It is the individualized attention, meeting someone where they are in their illness, having open arms and an open mind to their experience that builds that relationship. It is the competent professional care delivered in a compassionate and dignified manner that is so pivotal in their recovery.

It is illness. Treatment works. People recover.

Again, thank you. I appreciate your partnership in providing pivotal treatment in our community. Together we continue to help people gain control of their illness and find a healthy recovery.

With gratitude,

Topher Hansen,

President & CEO

**P.S.** A **pivotal** role, point or figure in something is one that is very important and affects the success of that thing.



## **MESSAGE FROM THE CHAIR**

I'm so impressed with the people CenterPointe serves. Every day they are transforming their lives – working to gain control over the diseases of mental illness and addiction. And, I'm honored to be a part of CenterPointe and all that they do to help people heal.

In the last year, CenterPointe has been an important partner in the transformation of treatment services in our community. CenterPointe continues to push boundaries to find better ways in helping people and they never give up on the value of life for the people they serve.

Please know that the Board of Directors is committed to transformational leadership that will position CenterPointe to help provide pivotal services for many years to come.

I'm most proud of our work to create an Endowment Fund for the organization. I encourage you to join me in becoming a member of the Star Legacy Society to build the endowment through an estate gift.

Your support is so appreciated. I thank you for your vital partnership and I look forward to more years of service together.

Vicki Powell

# **2012/2013 BOARD MEMBERS**

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#### STORY OF IMPACT

For 40 years CenterPointe has believed that every person has the ability to recover. Your gifts help make pivotal treatment and services available to help people suffering from mental and substance disorders. Here is the story of Dave's capacity for recovery and your important role...

Dave tried treatment multiple times over the years. He alternately struggled with mental health and addiction issues that resulted in him ending up on the streets. He tried the shelter but he couldn't stay sober which meant he wasn't allowed to be there...

Dave was near the end of his rope—living in an abandoned semi-trailer—when CenterPointe reached out with a housing program that would bring him off the streets and into an apartment.

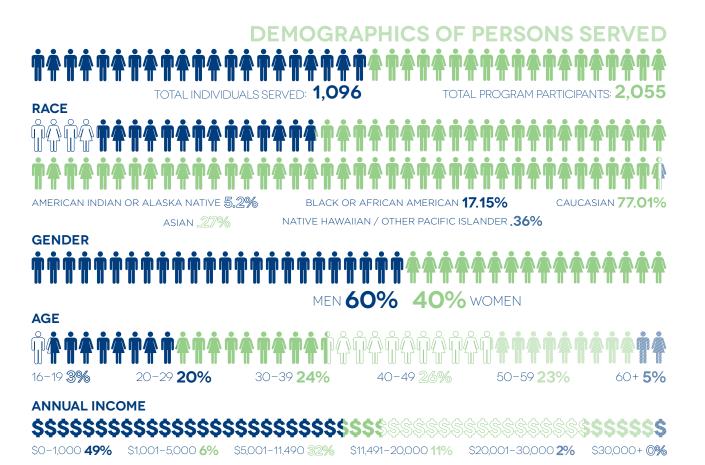
Through motivation with his Case Manager, Dave agreed to participate in structured day rehabilitation services and to see the CenterPointe psychiatrist. With the added stability of intensive services five days a week and medical treatment for his mental illness, Dave started to come to grips with his addiction.

He describes coming home one day and kicking out every "friend" using in his apartment. It was a turning point in his recovery. He decided he wanted to live a better life.

Dave agreed to enter a CenterPointe Residential Treatment program where donations from supporters like you were vital in providing him with essential treatment services. Dave worked hard to get healthier, struggling with his diseases with a commitment to turning his life around.

And he did it. Today he is living in his own apartment and sharing his story of recovery, hope, and healing.

Every day people just like Dave are gaining control of their habits and lives with support from you. Thank you for making such an incredible impact.



## **OUTCOMES**

**CO-OCCURRING RESIDENTIAL TREATMENT** helps people who are struggling with all three issues: homelessness, serious mental illness and addiction. Through this intensive program people gain control of their habits and lives. In interviews and surveys, we documented the following outcomes.

90 days post discharge, people graduating from Co-Occurring Residential Treatment report:

89% No readmission to hospital for mental or substance disorders

89% No new involvement with police or legal system

84% Having sober support system

72% Handling life better after treatment

68% Following through with referrals for follow up care

53% No substance use since graduation

74% No substance use in the last 7 days

**SOAR** is a program that provides outreach and technical assistance for people who are homeless or at risk of homelessness and struggling with a serious mental illness. The program screens people and helps them to apply for SSI/SSDI benefits if they qualify.

Approval rate of first application:	
SOAR <b>60%</b>	
National 36%	
Length of time to decision:	
SOAR <b>80 DAYS</b>	
National 90-150 DAYS	

## **PROGRAMS**

Thanks to you, we are providing more than 20 different programs and services that can help people gain control of their lives and habits.

Co-occurring Residential Treatment

Touchstone Residential Treatment

**Outpatient Counseling** 

Day Rehabilitation

PIER

Community Support

Recovery Support

Peer Support

Harvest Program

Glide

Shelter Plus Care

Permanent Housing

Family Housing

**Supported Living** 

Transitions Housing for

Young Adults

Veteran's Transitional Housing

Veteran's Permanent Housing

Youth Outpatient Counseling

Open Studio/Writers' Wordshop

SOAR

Psychiatric Care

More info: www.CenterPointe.org

