



Co-occurring Residential Treatment — Frequently Asked Questions

It's important to us that you feel prepared to enter the program. Below are answers to some of the most frequent questions we get about treatment in the Co-occurring Residential Treatment Program at CenterPointe Campus for Hope.

Q: How long will I be in the program?

A: You can expect to be in this treatment program for 4 – 6 months. Each person's plan is individualized to meet their needs, so your stay will vary based on your treatment plan.

Q: Who can be admitted?

A: Low and moderate-income men and women who are 19 or older and Nebraska residents are eligible. To be admitted you must have a severe and persistent mental illness (SPMI) and a substance use disorder. Funding eligibility depends on income and state of residence. We accept private insurance and Medicaid; a sliding fee-scale may be available.

Q: What is a day in the program like?

A: A lot of your day is spent in group sessions. There are breaks for meals and free time every day. Participants are required to attend 42 hours of programming in a week, including: coping skills, open therapy, recreational therapy, co-occurring group, Seeking Safety, recovery management, and outings.

Q: What should I bring with me?

A: Space is limited, as you will share a room. You will have 2 drawers under your bed and limited space for hanging items. Usually, 7 - 10 days of clothing should be enough, as we have laundry facilities on site. You are allowed to use disposable razors, but they are kept in a locked area. You **should not** bring: sharp objects, hygiene products with high alcohol content or aerosol products. Cleaning products are provided.

Continued →

If you are the referral professional, please share and discuss this document with the individual you are referring to the CenterPointe Co-occurring Residential Treatment Program at Campus for Hope.

Co-occurring Residential Treatment — Frequently Asked Questions

Q: Can my friends or family visit?

A: Yes, your sober supports are encouraged to participate in the treatment process. Family members and friends must be approved by your therapist prior to visiting. Visiting hours are Saturday and Sunday, 1pm to 5pm. As you progress in the program you will earn time away from the program to spend time with sober supports and to pursue healthy recovery activities.

Q: Will I have access to a phone and/or computer?

A: There are phones available for program participants. Your personal cell phone is kept locked in the office and can be checked out for passes. Personal computers, iPads, tablets, etc. are not allowed.

Q: What happens to my SSI/SSDI or Food Stamps while I'm in the program?

A: While in the Co-occurring Residential program, we ask that you transfer your food stamp allowance to CenterPointe to cover the cost of your meals while in our care. SSI may be reduced to \$30 per month for incidentals — this is the rule from the Social Security Administration. SSDI benefits should not be affected.

Q: What about my medication?

A: Please bring any medication prescribed to you in its original container with a current prescription label on it.

Q: I have a medical condition. Can I come to treatment?

A: Yes, if you are medically stable. Whatever your medical condition it must be able to be managed by you with help from unlicensed assistive personnel. Treatment in Co-occurring Residential is not appropriate for people with unstable medical conditions.

If you are the referral professional, please share and discuss this document with the individual you are referring to the CenterPointe Co-occurring Residential Treatment Program at Campus for Hope. For further information please contact Donna Doebelin, Admissions Specialist at 402.827.0570.