



Restoring **H O P E**

2008–2009 Annual Report

The Power of Hope

He seemed to emanate light. I'd known him through various CenterPointe programs, struggling with mental health and addiction; both of which he'd known since childhood. He was shining with excitement and caused me to stop as I was hurrying by. I had to see what caused this visible change in a man I'd never seen smile.

He said, "I'm going to get my GED." I congratulated him while I wondered. Why was he so excited about getting a GED? This wasn't ordinary excitement, he was radiating light!

As I continued on, it occurred to me that his radiance was not about the GED, but about HOPE. It was his hope for a future where none seemed to exist before. It was the prospect of living in a way that mattered; of living like "other people live" and having a "normal life."



*“ I came here with nothing. ”
No home, no hope, no dreams,
no plans, barely alive.
Now I have a future and
I have myself back.*

— Chris

Hope was the light in his eyes that morning. Hope was the motivator to stay on a path of recovery. And, hope kept pushing him further away from a miserable life on the streets, in and out of hospitals, crisis centers and treatment programs.

There is no magic pill to give you hope. There is only the hard work of confronting the troubles in your life and stepping through those issues one by one until hope begins to emerge.

With your support, people find hope in their life through CenterPointe. It doesn't come easy when you start from the depths of addiction, mental illness, homelessness and poverty but I see hope restored every day. People in their 30's, 40's and 50's saying that for the first time, they see a future and have hope for what lies ahead. It's addictive. Once you've tasted hope, you're motivated to stay with it and keep it alive.

We know that the investment you and CenterPointe make in each person we serve helps them on their journey to recovery and search for hope. Hope to be loved and to love; hope to realize dreams; hope to be an independent, autonomous member of society; and, hope to be free of the devastating circumstances that surround untreated addiction and mental illness.

There is great power in restoring hope. Thank you for helping.

Topher Hansen, JD
Executive Director



“CenterPointe is saving lives everyday and I'm honored to have chaired the Board these last two years.” Connie Monk, President 2007 – 2009

CenterPointe Board of Directors

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Recovering Lives

Clarissa came to CenterPointe facing significant legal issues related to her alcohol addiction and was depressed to the point of suicidal threats.

She had been living in her car but occasionally staying at the local shelter. She had long ago damaged relationships with family to the point that she had no support or even contact with them.

Clarissa participated in Adult Residential Treatment for 8 months where she began to understand her dual-diagnosis of alcoholism and mental illness. CenterPointe's integrated addiction and mental health treatment helped Clarissa to begin healing and accept her bipolar disorder for the first time.

As an active member of her own treatment team, Clarissa identified many areas where she could work to improve her life. During treatment she was able to make contact with her children, something she thought she would never be able to do.

Following discharge from the residential program, Clarissa found part-time work; transitioned into one of CenterPointe's housing programs; and continued with outpatient counseling, case management and psychiatric services. She was stable, hopeful and motivated.

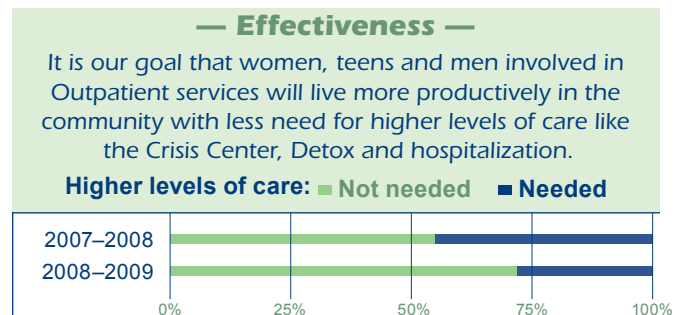
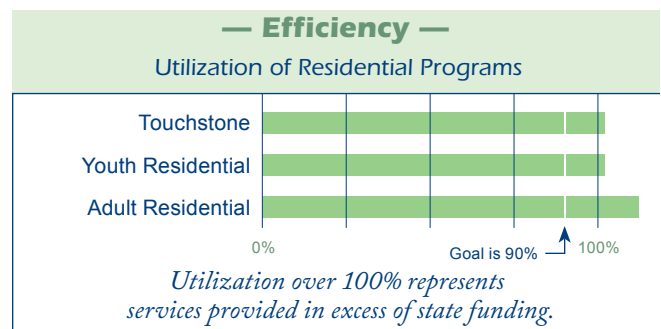
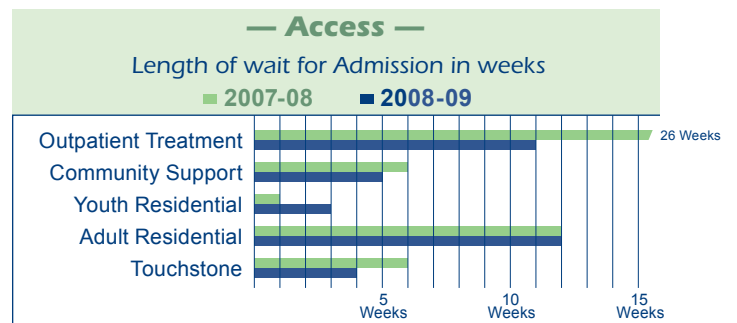
More than 1 year later Clarissa has recovered her life—she is managing life stressors better than before treatment, working nearly full time, and maintaining the requirements of her probation.



Counselors like Mary Jane make a real difference for clients in Adult Rehab.

2008–2009 By the Numbers

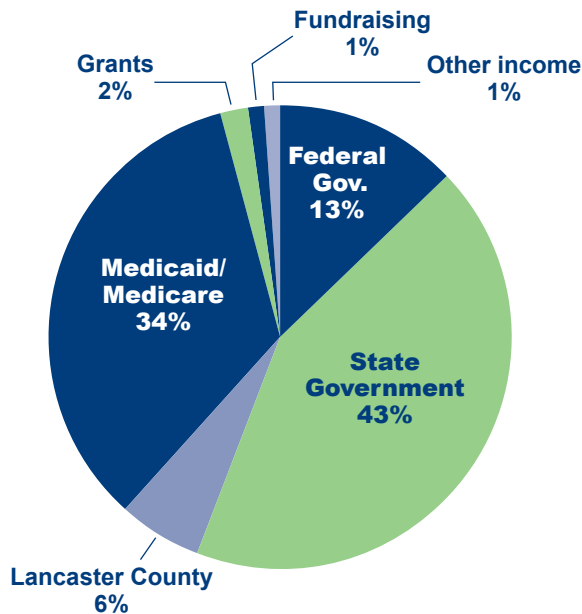
CenterPointe believes in evaluating our performance and outcomes. It is not enough to simply provide services; we strive to learn how our services are making a positive impact.



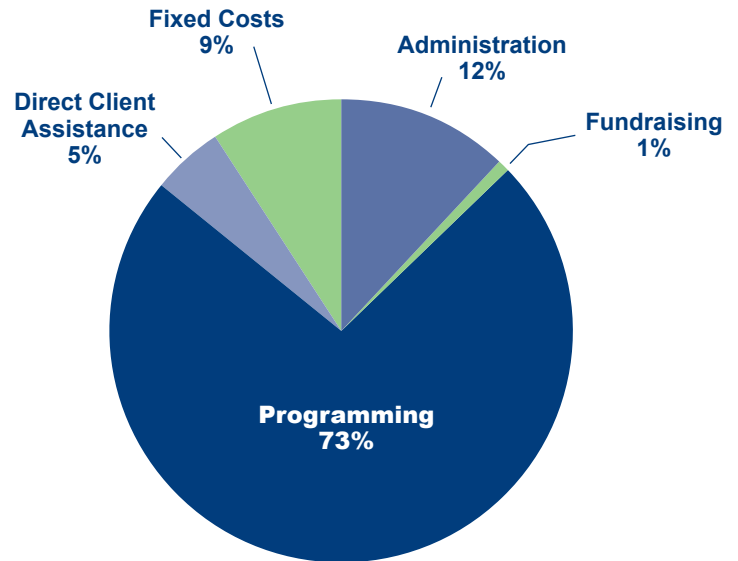
Comprehensive outcome data is available on-line at www.centerpointe.org.

2008–2009 Financial Summary

Client Fees accounted for less than 0.1%



Revenue: \$6,190,811



Expense: \$5,847,419

Overcoming the Street Life

It is exceedingly difficult to improve your mental health and reduce addiction issues if you don't know where you'll be sleeping. If you face the constant stress of being homeless, drinking or drugging may seem a logical medication for the pain and anxiety.

We help people overcome the street life and find stability with community support and a variety of



Ten beautiful new apartments offer clients the chance to live in the community.

subsidized housing units. Housing and community support are key elements for recovery as evidenced by a recent client comment – “I’ve been clean and sober 13 years thanks to your program.”

During 2008/2009 we completed construction of new housing for an additional 10 community members living with mental illness and addiction.

*“I’ve been clean”
and sober 13
years thanks to
your program.
— Former Client*

The new apartments give tenants access to premium green space; a community room where they can interact; access to laundry machines, telephones and computers; and dedicated case managers to support recovery and independent living.

104 people can now access decent housing through CenterPointe’s transitional, supported living and permanent housing programs!

CenterPointe Donors

We are grateful to these generous donors who support women, teens and men with mental illness and addiction as they strive to live healthier, more productive lives:

Paul & Kathryn Ahrendt	Roger & Yvonne Cox	Charlene Henninger	Patricia Leach	Peggy & Dudley	Diane Solee
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We are grateful for the generous gifts and grants of Foundations, Corporations and Organizations:

A To Z Printing	Community Health Endowment	Larry's Glass	UNICO
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Johnson, & Oldfather	KOLN-KGIN Television	Development	Community Outreach Initiative from
Cody Keno, Inc.	KSAP, Inc	Southeast Nebraska Behavioral	Ayers
		Health Information Network	

We are also grateful to donors and businesses giving in-kind gifts that serve our clients:

48 Bowl, Inc	Denise Ennis	Peg Kuster	Skate Zone
Beverly Anderson	Andy Gompert	Lux Center for the Arts	Sun Valley Lanes
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Champions Fun Center	Phyllis Hershner	A Novel Idea	Trevor Thompson
Delores Chmielewski	Jason Kot	Runza	Wal-Mart
	Jane Kuehn	Russ's Market	

CenterPointe Services

Your support can make all the difference for women, teens and men trying to recover their lives. Thank you for helping us to restore their hope through these programs and services.

Adult Residential Treatment

Hope and help for men and women who are struggling with both persistent mental illness and addiction. This 6 – 8 month program provides uniquely integrated addiction treatment and psychiatric care through individual, group and family counseling; recreational therapy; and case management.

Youth Residential Treatment

Improving the future for teens 13 – 18 who are struggling with both substance dependence and mental health disorders. This 4 – 6 month program provides individual, group and family counseling; recreational therapy; mental health and substance use education; case management and psychiatric services.

Outpatient Care

Integrated, personalized care for adults and teens 13–18 with co-occurring mental illness and addiction. Helping people who want to recover their lives through individual, group and family counseling and psychiatric services.

Day Rehabilitation

Long-term structured services to develop daily living skills for adults living with co-occurring mental health and substance use disorders. This on-going program also provides transportation.

Housing Programs

Providing decent, affordable housing to adults with mental illness and addiction through subsidized transitional, permanent and supported-living housing programs.

Touchstone

A short-term residential treatment collaboration with Houses of Hope providing 30 – 45 days of individual, group and family counseling; case management and psychiatric services for adults struggling with mental illness and addiction issues.

PIER

Partnership In Empowerment and Recovery

Treatment, rehabilitation and support for women and men with severe mental illness such as schizophrenia and bi-polar disorder. A collaboration with the Community Mental Health Center and Lutheran Family Services offering a full range of intensive services in home-based settings; reducing the need for hospitalizations; helping people live as independently as possible; and empowering people to enjoy a life not dominated by their illness.

Community Support

Improving men and women's quality of life with basic needs such as housing, food, and medical needs; providing linkages to community services; support and advocacy to develop independent living skills.

- Case management support
- Peer support services
- Case management targeted to older adults
- Technical assistance applying for disability benefits and other resources

Non-Discrimination Statement: Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex or disability. Any person who believes he or she has been discriminated against in this program should write to: Administrator, Food and Consumer Service, 3101 Park Center Dr., Alexandria, VA 22303

Funded in part by the Nebraska Department of Health and Human Services, Region V Systems, U.S. Dept. of Housing and Urban Development and Lincoln/Lancaster County Joint Budget Committee.



Community
Services
Fund