

HEALTHY MINDS STRONG COMMUNITIES

CenterPointe



2017/2018 IMPACT REPORT



FROM THE CEO

When mental health and substance use disorders occur they impact more than just the person who is ill. They can disrupt a family and strain family bonds. They can impact work or school settings. They may involve the justice system. As such, they touch our whole community. At the same time, mental illness and addiction are diseases of isolation—people who are ill may push away those who care the most.

I know that across our communities, families are making difficult decisions about how to stay engaged with their severely ill loved ones.

I believe supporting families in connecting through the recovery journey is pivotal. I know your support of treatment, rehabilitation, housing and crisis services for their loved ones means the world to them.

Together we are helping people recover their healthy minds. When people begin to heal, our communities heal too so your partnership is building strong communities.

As you read through this impact report, please know that none of this is possible without you. Your support of CenterPointe over the last year has made a tremendous difference – for the individuals we serve, their families, and our shared community.

Thank you,

Topher Hansen, JD
President/CEO



FROM THE BOARD CHAIR

The technical term for what we do is “treating people with mental health and substance use issues.” What we really do is help restore hope to the lives of people who have lost all hope and who feel they have no future to look forward to. Every day the dedicated staff at CenterPointe meets people where they are and helps them gain control of their lives and find hope for their futures.

With the support of our staff, our board, and the community, we carry out this important work changing lives and making our community stronger. Your partnership is pivotal in helping us with this important work.

Thank you,

Brad Korell,
Board Chair

50%

ARE EXPERIENCING
HOMELESSNESS
AT ADMISSION

2,877

TOTAL UNIQUE PARTICIPANTS
14.7% increase from 16/17
(excluding crisis line calls)

210

EMPLOYEES

90.8%

HAVE EXPERIENCED
SIGNIFICANT TRAUMA

82.1%

HAVE AN ANNUAL INCOME
OF \$10,000 OR LESS
federal poverty guideline
for family of one is \$12,140

WHO YOU ARE IMPACTING

Through your partnership you are impacting the lives of vulnerable people in your community. Every day women, men, teens and veterans are walking through our doors hoping to turn their lives around.

90.7%

LIVE WITH TWO OR MORE
MENTAL HEALTH OR
SUBSTANCE USE DIAGNOSES

14

SERVICE LOCATIONS

96,167

MEALS SERVED ACROSS
ALL PROGRAMS

PROVIDING PIVOTAL HEALING

TREATMENT

The people you are impacting have experienced significant trauma. Whether they were abused as a child, survived sexual assault or domestic violence, witnessed violent crime, or grew up in extreme poverty—trauma has impacted their life.

Your support provides integrated treatment—holistic, trauma-informed treatment that addresses both mental health and substance use issues together in real time.

Because you care enough to invest in their lives, people are finding hope and healing through CenterPointe treatment programs. Thanks to you someone will begin their journey to a healthy mind today.

TREATMENT PROGRAMS

- Assertive Community Treatment Team
- Long-term Residential – Lincoln and Omaha
- Short-term Residential – Lincoln and Omaha
- Outpatient – Individual, Group and Family
- Psychiatric Care

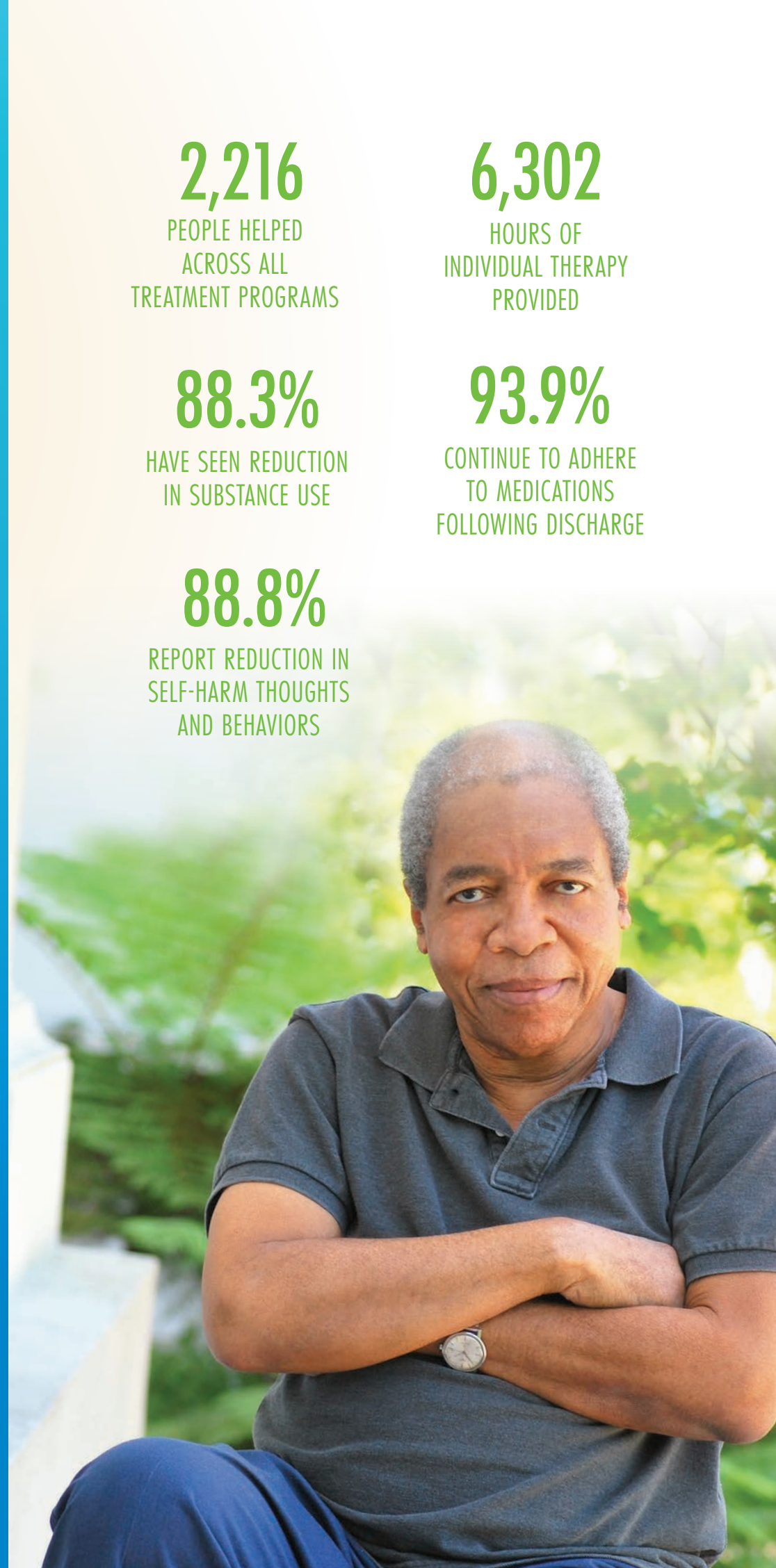
2,216
PEOPLE HELPED
ACROSS ALL
TREATMENT PROGRAMS

6,302
HOURS OF
INDIVIDUAL THERAPY
PROVIDED

88.3%
HAVE SEEN REDUCTION
IN SUBSTANCE USE

93.9%
CONTINUE TO ADHERE
TO MEDICATIONS
FOLLOWING DISCHARGE

88.8%
REPORT REDUCTION IN
SELF-HARM THOUGHTS
AND BEHAVIORS



SUPPORTING LIFE CHANGES

REHABILITATION

The people you are impacting are overcoming multiple barriers to wellness. They are living with significant mental illness symptoms, managing substance cravings, struggling with extreme poverty, and may be facing legal issues. Being on a path of active recovery is challenging to say the least.

You are meeting people where they are and providing essential rehabilitative services. You are helping them learn new skills and access community resources so they can change their lives.

Thanks to you someone is overcoming their barriers to being more productive and our community is stronger.

REHABILITATION PROGRAMS

- Community Support
- Community Transitions Residential Rehabilitation
- MidPointe Day Rehabilitation Program
- Peer Support
- Recovery Support
- Harvest Program—for elders

851

PEOPLE SUPPORTED
THROUGH REHABILITATIVE
PROGRAMS

6,277

HOURS OF
ONE-TO-ONE SUPPORT

9,406

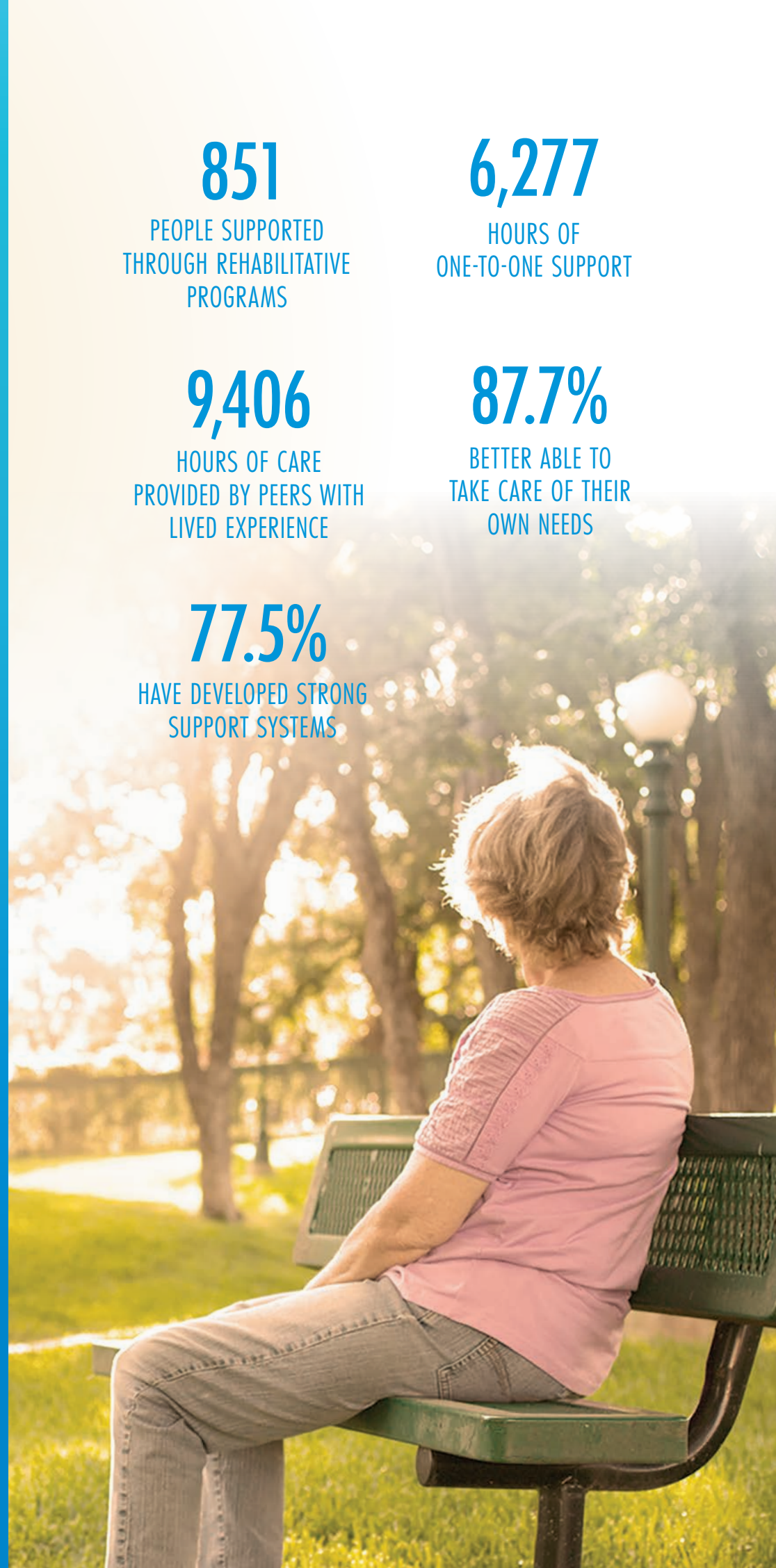
HOURS OF CARE
PROVIDED BY PEERS WITH
LIVED EXPERIENCE

87.7%

BETTER ABLE TO
TAKE CARE OF THEIR
OWN NEEDS

77.5%

HAVE DEVELOPED STRONG
SUPPORT SYSTEMS



BUILDING STABILITY

HOUSING

The people you are impacting lack the most basic of needs, a stable home to call their own. When you have no home it is nearly impossible to fight your addiction or successfully battle your mental health symptoms. Housing is an essential component of recovery.

You are providing foundational housing-first programs that give people the stability they need to build a life of recovery. You are laying the groundwork for a future of increased productivity.

Thanks to you someone can gain control of their life today—making our community stronger.

HOUSING PROGRAMS

- Adult Residential
(Transitional Housing & Intensive Treatment)
- CABHI Housing
- GLIDE
- Homeless Voucher Program
- Outreach Housing Project
- Overland Trail Apartments
- PATH Street Outreach
- Permanent Housing Project
- Recovery Support Substance
- Shelter Plus Care for Chronically Homeless
- Street Outreach in Downtown Lincoln
- Supported Living
- Transitions for Young Adults
- Transitions II for Families
- Veteran's Permanent Housing
- Veteran's Transitional Housing Project
- Veteran's Transition in Place

341

PEOPLE HOUSED
ACROSS ALL PROGRAMS

82.4%

OBTAINED OR
MAINTAINED PERMANENT
HOUSING

225

PEOPLE CONTACTED
1,250 TIMES THROUGH
STREET OUTREACH



SAVING LIVES

CRISIS RESPONSE

Crisis response services can be a matter of life and death. On average someone dies by suicide every 1.5 days in Nebraska. For every suicide death there are typically 25 attempts. Your partnership supports essential services seeking to disrupt suicide in our community.

We're proud to be an active member of the Lincoln/Lancaster County Suicide Prevention Coalition – a coalition working to lower suicide among youth in our community. With support from people like you last year, we distributed youth crisis materials to more than 2,000 high school students; participated in a youth-led suicide prevention event; and reached out to young people with online advertising.

CRISIS RESPONSE PROGRAMS

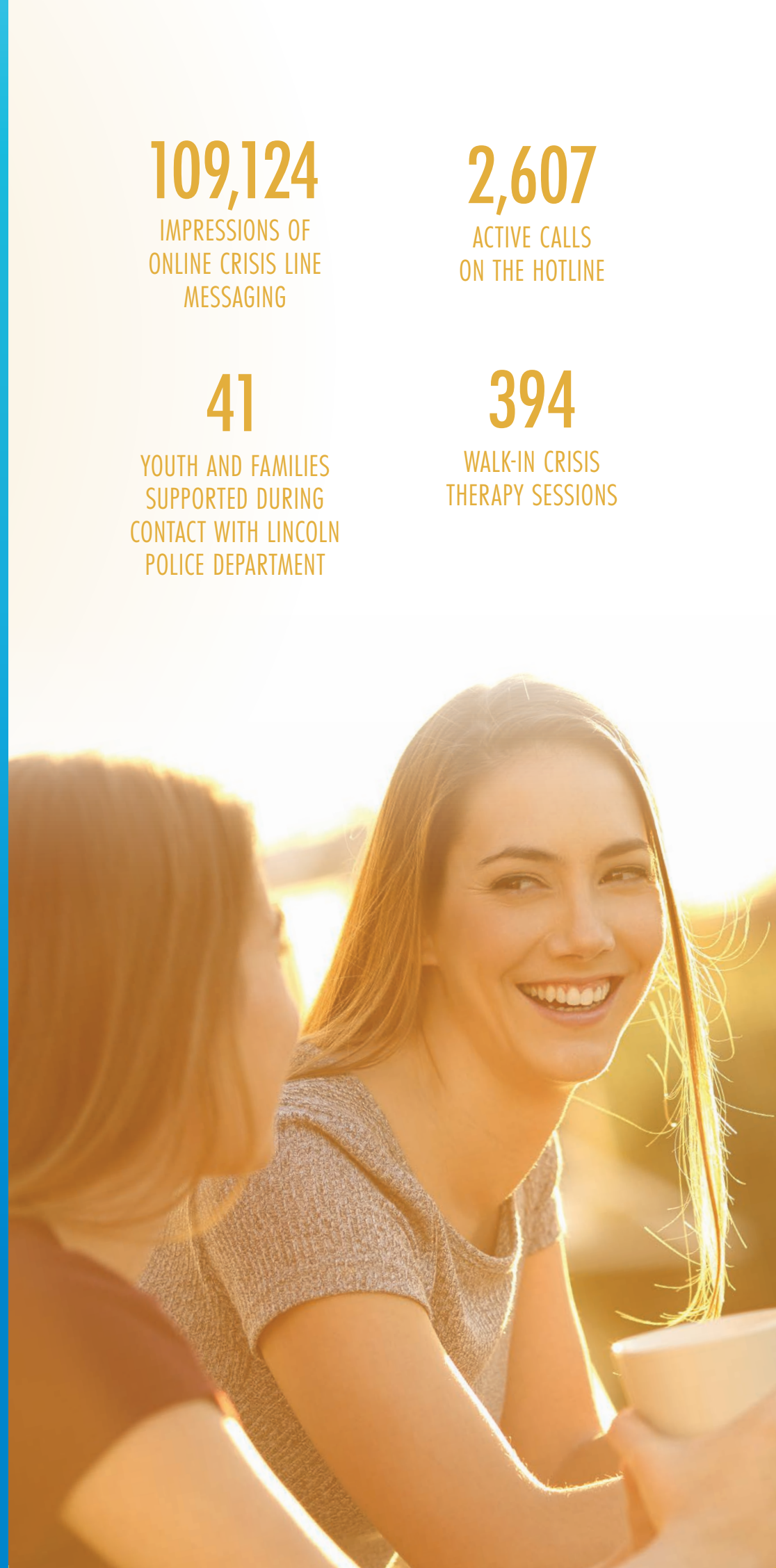
- 24hr hotline for youth, adults, and families
- Free, Walk-in Crisis Counseling
- Lincoln Police Department Partnership—providing in-the-field support for youth and families in crisis
- Suicide prevention messaging
- Recovery Support
- [Crisistalk.org](https://crisistalk.org)

109,124
IMPRESSIONS OF
ONLINE CRISIS LINE
MESSAGING

2,607
ACTIVE CALLS
ON THE HOTLINE

41
YOUTH AND FAMILIES
SUPPORTED DURING
CONTACT WITH LINCOLN
POLICE DEPARTMENT

394
WALK-IN CRISIS
THERAPY SESSIONS



A MOTHER'S LOVE

LEADS HER SON TO TREATMENT AND A BETTER LIFE

It didn't happen gradually. Wendi's son Taylor developed bipolar disorder in his early twenties, a time when many mental disorders begin. Soon after he was involved in a life-threatening accident that left him with PTSD. Taylor relied on marijuana to self-medicate and his life spun out of control quickly.

In the years that have followed he has been hospitalized many times – often against his will – and had multiple interactions with police as a result of his severe co-occurring disorders. Wendi was a single mom trying hard to help her son while also struggling herself.

Through the justice system, Taylor was referred to CenterPointe's short-term residential treatment. But the severity of his mental health condition meant he needed a different kind of program to really get the benefit of treatment.

Wendi was grateful when, in time, he was able to enter CenterPointe's long-term residential treatment program. This program is designed for adults who are experiencing homelessness, living with severe and persistent mental illness and a substance dependence. Taylor made some progress but left the program early and continued to cycle in and out of hospitals, jails, and CenterPointe programs.

Eventually with the help of a CenterPointe Care Manager, Taylor agreed to enter an intensive CenterPointe program that offers daily/weekly services in his home. P.I.E.R, CenterPointe's collaborative Assertive Community Treatment program, has made a tremendous difference for Taylor and Wendi.

Now Taylor has an interdisciplinary team that can work with him as often as needed. A team of caring, dedicated professionals provide ongoing support to Taylor and serve as a constant resource for Wendi.

“WITH SUPPORT FROM CENTERPOINTE AND HIS MOTHER, TAYLOR HAS THE OPPORTUNITY OF A BETTER LIFE.”

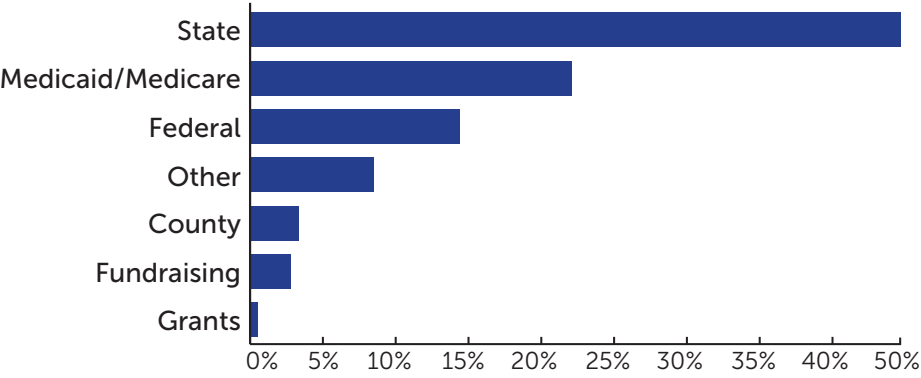
While the road is sometimes still rocky, CenterPointe continues to believe in the value of Taylor's life and has never given up on him. With support from CenterPointe and his mother, Taylor has the opportunity of a better life.

Thank you for supporting CenterPointe's full continuum of care so that people like Taylor have recovery options.

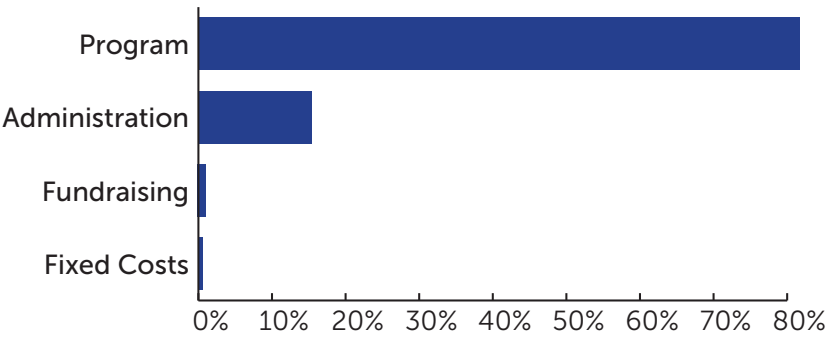


FINANCIALS

Revenue \$12,583,707.39



Expense \$12,649,919.78



PARTNER ORGANIZATIONS

- The Arch
- The BAY
- Clinic with a Heart
- Credit Advisors
- DomestiPups
- Downtown Lincoln Association
- Harvest for a Lifetime
- Heart Ministries
- Houses of Hope
- Housing and Urban Development (HUD)
- Lincoln Homeless Coalition
- Lincoln/Lancaster County Suicide Prevention Coalition
- Lincoln Parks & Recreation
- Lutheran Family Services
- Matt Talbot Kitchen and Outreach
- NAMI
- Nebraska Association of Behavioral Health Organizations (NABHO)
- The Orchard
- Planned Parenthood of the Heartland
- Region II
- Region V
- Region 6
- Safe Harbor
- Santa Monica
- Social Security
- TJ Purple Project
- Tom Hightower ³/₄ Way Houses
- VA Nebraska–Western Iowa Health Care System
- Vocational Rehabilitation

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